

# A Review on User Design Psychology in Human Computer Interaction

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**Abstract—** In today's world, product design must go beyond function and address consumers' emotional and psychological well-being. This calls for a comprehensive strategy that includes design psychology into the fabric of human-computer interaction interfaces. Understanding human behavior and perception allows designers to develop interfaces that connect with people on a deeper level. The term "Psychology of Design" emphasizes the necessity of studying how human perception effects the design and function of things. It recognizes that design is more than just aesthetics; it is also about how consumers perceive and interact with the product. Integrating psychology into design philosophy represents a paradigm change, acknowledging that good design goes beyond addressing fundamental requirements and involves developing emotional connections. This transition is critical to guaranteeing the lifespan.

**Keywords—** Human perception effects, design psychology.

## I. INTRODUCTION

Indeed, the study of the complex interrelationship between human psychology and the design process is the subject of the intriguing discipline of design psychology [2]. Fundamentally, it recognizes that design is about more than simply making things that are aesthetically pleasing or useful; it's also about knowing how people think, feel, and act and using that information to make designs that are more successful.

Design psychology [1] is essential in the field of human-computer interaction (HCI), where the objective is to increase technology's usability and accessibility.[3] The interaction between people and computers is the main emphasis of HCI, and the interfaces that make this possible act as a link between the two. HCI designers may develop interfaces that not only satisfy users' pragmatic demands but also connect with them on a more profound psychological and emotional level by using design psychology concepts.

Different methods of incorporating design psychology into HCI design are highlighted by the study of scholars such as [8] Jiahao Wang and Chen Hong. [7] The significance of customizing designs to meet users' cognitive capacities and preferences is highlighted by Hong's emphasis on comprehending users, examining cognitive processes, and creating interaction frameworks based on usability theories. Wang's emphasis on building user confidence to promote interaction with new technologies draws attention to the influence of psychological elements like familiarity and trust on user experiences.

The goal of integrating design psychology into HCI design is to help researchers better understand the user experience. This entails looking past elements that are immediately noticeable and taking into account the psychological and

emotional aspects that affect how people engage with technology. By doing this, interface designers may produce more logical and user-focused designs that encourage deep connections with users.

The proposed research methodologies [9-10], which entail examining real-world problems via the prism of human behavior and perception, present a novel way to approach HCI interface design problems. Designers may better understand how people view and interact with interfaces by taking inspiration from psychology. This helps designers make designs that better satisfy the requirements and expectations of users.

In general, including design psychology into HCI design improves the digital age user experience overall while also encouraging creativity and innovation. Interface designers are able to produce not just functional but also meaningful, intuitive, and engaging interfaces by comprehending and utilizing the psychological aspects that influence user behavior.

## II. DESIGN PSYCHOLOGY IN HUMAN-COMPUTER INTERFACE DESIGN

From its beginnings in the 1940s to its current importance in the field of human-computer interaction (HCI), design psychology has seen a substantial shift in focus and breadth throughout time. [1] Design psychology, which had its roots in ergonomics at first and was mostly used in wartime settings, progressively broadened its scope and was more thoroughly incorporated into everyday design processes between the 1960s and the 1990s.

At this time, design psychology started to expand beyond its military roots and find use in a wider variety of fields. The realization of how crucial it is to comprehend human cognition, perception, and behavior for design processes in a variety of sectors drove this progress. Usability, ease of use, and interface pleasure replaced performance and plain usefulness as the top concerns for users of computers as information technology progressed.

This change highlights how important design psychology ideas are becoming to HCI design. People started to ask for user interfaces that were customized to their own requirements, interests, and tastes in addition to efficient computer systems. The need for personalization brought to light how crucial it is to take psychological factors into account when designing interfaces so that users can interact and communicate with them in an efficient manner.

Within the field of Human-Computer Interaction (HCI), design psychology has become a vital tool for technological advancement. Design psychology contributes knowledge about human behavior, thought, and emotion to the development of more logical and user-friendly interfaces. This user-centered approach recognizes the value of creating interfaces that promote efficient communication and teamwork, emphasizing the reciprocal relationship between people and technology.

Design psychology's importance in influencing user experiences is becoming more and more clear as HCI technology develops and spreads into new areas.[1] HCI specialists may create interfaces that satisfy users' functional demands while also connecting with them on a deeper psychological level by incorporating psychology concepts into design techniques. This interdisciplinary approach fosters innovation and enhances the overall user experience in the era of computer-based electronic devices.

### III. APPROACHES FOR EXPERIMENTAL ANALYSIS

Conducting an experimental correlation study on human-computer interface (HCI) design based on design psychology necessitates a systematic method that incorporates experimental design and psychological concepts. The process begins with a thorough literature analysis to understand earlier research findings, methodology, and knowledge gaps in HCI design and design psychology. From there, researchers describe key factors important in HCI design and design psychology, such as user happiness, task performance, interface aesthetics, cognitive load, and emotional reaction, setting the framework for hypothesis formation. Hypotheses may state that interfaces that incorporate psychological concepts such as Gestalt principles [2], affordances, and feedback loops will provide higher levels of user satisfaction than equivalents that do not.

Following variable identification and hypothesis formation, researchers begin constructing an experiment to thoroughly test their ideas. This often entails developing many interface versions, each based on a distinct design psychology theory, and then analyzing user interactions and reactions to identify connections. Participant recruitment begins, assuring the variety and representativeness of the intended user group, and data collecting begins, including both quantitative indicators such as task performance and qualitative insights such as subjective feedback obtained through interviews.

With the data obtained, the analysis step begins, with appropriate statistical approaches used to determine connections between various design characteristics and user results. The interpretation step places findings into the context of hypotheses and current literature, considering implications for both HCI design theory and practice. Ethical issues, like as informed permission and participant anonymity, are crucial throughout the procedure. Finally, researchers synthesize their findings into a cohesive narrative, making recommendations for future study directions or practical applications, and formalizing the results in a research paper or report that follows academic traditions

### IV. HUMAN PERCEPTION EFFECTS

People's interactions with technology interfaces and the world around them are greatly influenced by human perception.[11] Human perception has the following major influence on HCI design.

- a. **Sensation and Attention:** In humans, sensation is the first stage of experience, during which environmental inputs are received by sense organs. These inputs are subsequently sorted and given priority by attention for additional processing. In order to efficiently attract users' attention, HCI designers must prioritize information and create visually striking features based on their understanding of how people perceive and interact with various interface elements.
- b. **Perceptual Organization:** Patterns and structures that are meaningful to humans are naturally formed by the organization of sensory data. Gestalt concepts like closure, resemblance, and closeness influence how users view and understand visual components in an interface. HCI designers leverage these principles to create visually cohesive and intuitive interfaces that facilitate users' understanding and navigation.
- c. **Perceptual Accuracy and Speed:** Users' ability to engage with technological interfaces accurately and quickly is influenced by their perception. In order to maximize interface usability and guarantee that users can effectively digest and respond to information provided on the screen, designers must take into account elements like response times, feedback systems, and cognitive load.
- d. **Perceptual biases and illusions:** Users' judgments of interface components may be influenced by biases and illusions inherent in human vision. Users' perceptions of specific colors or forms, for instance, may vary depending on their own preferences or cultural backgrounds. It is important for HCI designers to consider these perceptual biases and create interfaces that prioritize clarity over ambiguity in order to guarantee uniform user experiences for a wide range of users.
- e. **Emotional Perception:** Emotional reactions have an impact on human perception in addition to sensory inputs. Users' experiences with an interface are shaped by design components that elicit emotional responses from them, such as color, font, and images. In order to develop interfaces that arouse pleasant feelings and encourage a feeling of connection and engagement with the technology, HCI designers make use of the concepts of emotional design.
- f. **Multisensory Integration:** In addition to visual stimuli, human perception also involves aural, tactile, and other

sense modalities. Users can perceive and engage with technology interfaces in more immersive and captivating ways when multisensory integration is included. Multisensory components including interactive animations, haptic feedback, and auditory feedback are used by HCI designers to improve users' perceptions of and experiences with the interface.

### V. EXAMINING USER DESIGN PSYCHOLOGY IN HUMAN COMPUTER INTERACTION

Design psychology study has identified four categories that users' cognitive processes fall into: perception, emotion, reasoning, and action.

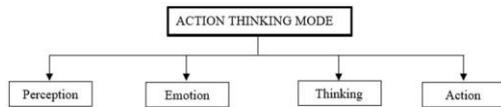


Fig. 1. Action Thinking method

These modules impact how consumers evaluate things and make purchasing decisions.[1] As a result, a product's capacity to effectively engage the user's sensory organs, activate cognitive processes such as attention, perception, memory, and association, and then elicit emotional and psychological reactions is critical in determining whether a consumer would buy the product.

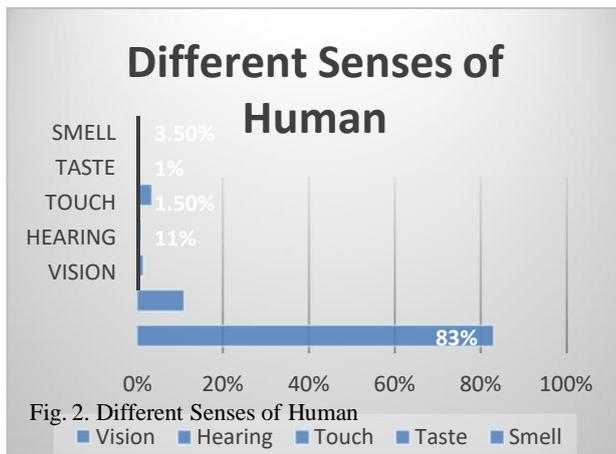


Fig. 2. Different Senses of Human

Understanding the percentage of sensory information received by the human senses is critical, with visual stimulation being especially important in attracting consumer attention. Using distinctive colors and visual components may effectively pique customer attention. Visuals play an important part in product design since they are the primary way that people perceive items. Without visually engaging design components, the ensuing consuming process cannot take place. As a result, future human-computer interaction interface design, guided by design psychology, should prioritize including visual design components. While research into human-computer interaction interface design is not as extensive as that for software and network products, the growing emphasis on the quality of household appliances, which has a significant impact on quality of life, will inevitably lead to increased attention to the design of these interfaces. This increased emphasis is expected to motivate more firms to spend in investigating interface information and interaction modes for home appliances, ultimately improving future research in user experience, interface information transmission, and user interaction variables.

### VI. VIEW OF USER DESIGN PSYCHOLOGY IN HUMAN COMPUTER INTERACTION

The field of human-computer interface design has changed significantly in the last several years, especially in terms of interaction paradigms and visual aesthetics. Creating these interfaces now requires giving things richer meanings and involving consumers through a variety of communication channels; it is no longer just a mechanical or sterile process. In order to improve the total user experience, designers must now place a high priority on taking a "people-oriented" approach, making sure that products not only meet functional needs but also emotionally connect with consumers.

The field of human-computer interaction has expanded to include a range of platforms and modalities, such as visible and invisible interfaces, desktop and non-desktop interfaces. The distinction between digital and physical realities is becoming increasingly hazy due to the increasing seamless integration of virtual worlds into daily life. As a result of the growing prominence of mobile devices in our lives, traditional desktop interaction research has lost its dominance and is now being replaced by research on mobile product interaction. Furthermore, as networked technologies proliferate, computers are encroaching on personal and domestic domains, enabling easy and organic connections between people.

Modern design is based on the idea of the "human." In addition to emphasizing the inherent values of their products, designers also need to think about how their designs affect and engage the minds and feelings of their audience. This calls for a greater comprehension of design psychology, which enables designers to broaden their viewpoints and take a multifaceted approach to projects. The emotional health and experience dimensions of users are central to design thinking in contemporary HCI design. Design psychology integration into design education is becoming more and more important as design advances. Design art education is increasingly lacking without courses in consumer psychology, design thinking, personal psychology, and user research. By providing students with the theoretical foundations required to tackle the issues of cultural diversity and market needs, this educational reform enables them to produce goods that are marketable and develop marketing strategies that work.

In the end, design psychology improves market competitiveness, usability, and design efficiency in the classroom[1]. Because human-computer interaction is by its very nature interdisciplinary, cooperation between experts in languages, computer science, psychology, ergonomics, and other disciplines is necessary. It is anticipated that the usability evaluation method will change into a continuous learning process for computers in the future when intelligent natural interactive environments appear. To improve user happiness and get a deeper understanding of user goals, this entails utilizing intelligent learning capabilities. Future research will concentrate on both modifying current interactive interfaces to conform to changing design principles and upholding design principles to enhance usability and user experience.

### VII. CONCLUSION

As the needs for human-computer interaction (HCI) interfaces change in the modern day, a study methodology based on design psychology becomes essential. This approach explores the complex areas of user psychology and emotions in an effort to gain a deeper understanding of how people think, feel, and interact with interfaces. Designers may create interfaces that emotionally and psychologically engage with people by utilizing

psychological concepts. This leads to stronger bonds and improved user experiences all around. User wants and preferences are prioritized throughout the design process thanks in large part to user-centered design techniques. Empathy- and inclusivity-based strategies make ensuring that user interfaces take into account a range of viewpoints and experiences, making them accessible and welcoming to all users. Additionally, designers try to reduce user irritation and simplify interactions by attending to cognitive and emotional burden. HCI interfaces are becoming more and more relevant in the dynamic digital world via constant assessment and improvement based on emotional impact and user experience insights

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