

# A Study on Comparative Analysis on Brand Storytelling of Cinthol and Dove in Indian Market

Author: Dr. Kiran Nangre

Co-Author: Sandesh Suresh Awale

Co-Author: Alwin Joe Paulose

#### Abstract

Storytelling has emerged as a potent tool for brands to forge emotional connections with consumers. This research paper examines the storytelling strategies employed by two leading personal care brands, Cinthol and Dove, and their impact on brand perception and consumer engagement. The study delves into the distinct narratives crafted by these brands, exploring their thematic focus, emotional resonance, and alignment with target audiences. Through qualitative and quantitative analysis, the research evaluates the effectiveness of Cinthol's adventurous and vitality-driven storytelling in capturing the spirit of younger, thrill-seeking consumers, while assessing Dove's empowering narratives centered on self-acceptance and inclusivity in resonating with diverse audiences. The paper highlights the significance of integrating core brand values into storytelling efforts and the potential to enhance consumer engagement through interactive campaigns, influencer collaborations, and user-generated content. Ultimately, the study underscores the transformative impact of compelling brand storytelling in forging emotional bonds, fostering brand loyalty, and driving long-term success in an increasingly dynamic and competitive marketplace.

#### Introduction

In an era of information overload and fragmented consumer attention, brands are increasingly leveraging the timeless power of storytelling to cut through the clutter and establish meaningful connections with their target audiences. Storytelling, as an age-old human tradition, taps into the depths of human psychology, evoking emotions, inspiring action, and forging enduring bonds. By weaving narratives that resonate with consumers' aspirations, values, and lived experiences, brands can transcend mere product promotion and cultivate genuine emotional engagement.

This research paper examines the storytelling strategies employed by two prominent personal care brands, Cinthol and Dove, and their impact on brand perception and consumer engagement. Cinthol, known for its adventurous spirit and emphasis on vitality, has crafted narratives that inspire consumers to embrace an active and daring lifestyle. On the



other hand, Dove, celebrated for its commitment to real beauty and inclusivity, has woven empowering stories that challenge societal beauty standards and promote self-acceptance.

By exploring the distinct storytelling approaches of these brands, this study aims to shed light on the power of narratives in shaping consumer perceptions, fostering brand loyalty, and driving purchase intentions. Furthermore, it seeks to identify best practices, challenges, and opportunities for brands to enhance their storytelling efforts in an ever-evolving market landscape.

Cinthol and Dove, two renowned brands in the personal care industry, have captivated audiences worldwide through their distinctive approaches to storytelling. Both brands recognize the power of narratives in creating emotional connections with consumers, effectively conveying their brand values and resonating with their target audiences. Cinthol and Dove employ storytelling as a powerful tool to engage consumers on an emotional level and convey their brand messages effectively. Cinthol's storytelling emphasizes energy, vitality, and the thrill of adventure, appealing to individuals seeking excitement and dynamism in their lives. On the other hand, Dove's storytelling focuses on inclusivity, empowerment, and self-acceptance, championing real beauty in all its forms and encouraging individuals to embrace their unique identities. Cinthol and Dove exemplify the transformative impact of storytelling in brand communication. Through their compelling narratives, these brands have succeeded in forging deep emotional connections with consumers, fostering loyalty, and reinforcing their brand identities. Whether it's the exhilaration of living life to the fullest with Cinthol or the celebration of diversity and self-love with Dove, both brands continue to inspire and resonate with audiences worldwide through the power of storytelling.

# Objectives

- To analyse how Cinthol and Dove utilize storytelling to connect with consumers.
- To identify the key themes and messages conveyed through Cinthol and Dove storytelling.
- To examine the challenges and limitations faced by Cinthol and Dove in their storytelling efforts.

#### Scope

- The study of Adventure and Vitality Cinthol's storytelling revolves around themes of adventure, vitality, and rejuvenation, portraying characters engaged in exhilarating activities and overcoming challenges.
- The study of Youthful Appeal Cinthol's storytelling targets a youthful demographic, capturing the energy, confidence, and spontaneity of young consumers through relatable characters and scenarios.
- The study of Real Beauty and Self-Acceptance Dove's storytelling focuses on celebrating real beauty in all its forms, promoting self-acceptance, and challenging unrealistic beauty standards imposed by society.



• Empowerment Dove's storytelling empowers individuals to embrace their natural beauty, fostering selfconfidence, resilience, and positive body image through inspirational narratives and role models.

# **Review of Literature**

The significance of brand storytelling has been extensively explored in various academic and industry literature. Keller and Kevin Lane (2013) in their work "Strategic Brand Management: Building, Measuring, and Managing Brand Equity" highlight the importance of storytelling in creating strong brand associations and perceptions. Aaker and Jennifer (2016) in "Building Strong Brands" delve into the components of brand building, including storytelling, and how it contributes to brand strength and differentiation.

Woodside, Sood, and Miller (2008) in their study "When Consumers and Brands Talk: Storytelling Theory and Research in Psychology and Marketing" explore the psychological underpinnings of storytelling and its influence on consumer behavior. Escalas (2004) in "Narrative Processing: Building Consumer Connections to Brands" examines the role of narratives in fostering emotional connections between consumers and brands.

Furthermore, industry experts and thought leaders such as Gunelius (2013) in "The Rise of Brand Storytelling" and Pulizzi (2012) in "The Rise of Storytelling as the New Marketing" have highlighted the growing significance of storytelling in modern marketing strategies and its potential to drive brand engagement across various digital platforms.

While these studies provide valuable insights into the theoretical foundations and practical applications of brand storytelling, there is a need for more focused research on the storytelling approaches of specific brands and their impact on consumer perceptions and engagement within the personal care industry.

#### **Research Methodology**

This study employs a mixed-methods approach, combining both qualitative and quantitative research techniques to gain a comprehensive understanding of Cinthol and Dove's storytelling strategies and their impact on consumer perceptions and engagement.

Qualitative methods, such as in-depth interviews and focus group discussions, were conducted with a diverse range of consumers from various demographic segments and geographic locations. These methods aimed to gather insights into consumers' perceptions, attitudes, and emotional responses towards Cinthol and Dove's brand narratives.

Quantitative research was conducted through structured surveys, administered to a representative sample of 70 respondents. The survey aimed to quantify the impact of storytelling on brand awareness, preference, and purchase intention for both Cinthol and Dove products. The collected data was analyzed using statistical methods, including

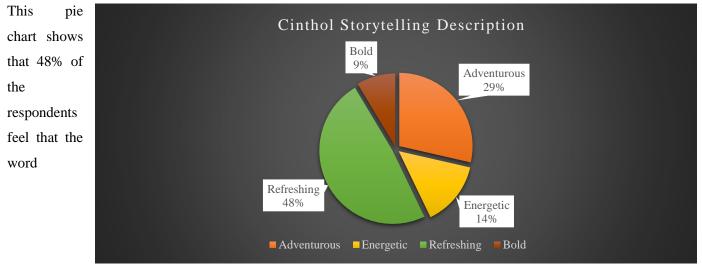


regression analysis and sentiment analysis, to identify patterns and relationships between storytelling variables and brand metrics.

Additionally, secondary data sources, such as industry reports, marketing materials, and publicly available information, were utilized to gain insights into the brands' storytelling strategies and campaigns.

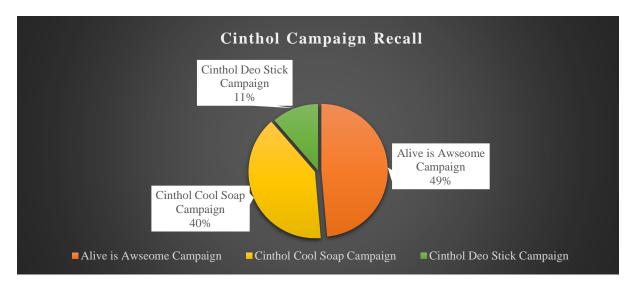
#### Survey Results and its analysis

1. Which word best describes Cinthol's brand storytelling?



"Refreshing" best describes Cinthol's brand storytelling, followed by 29% who chose "Adventurous," 14% for "Energetic," and 9% for "Bold.

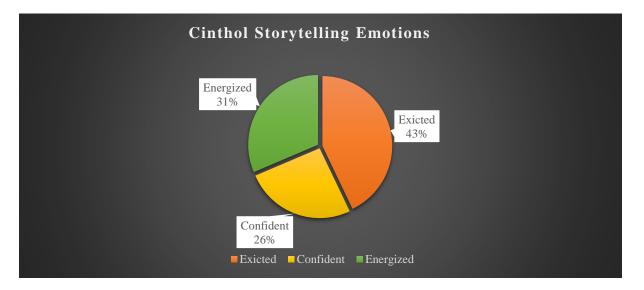
2. Which of the following Cinthol campaigns do you recall the most?





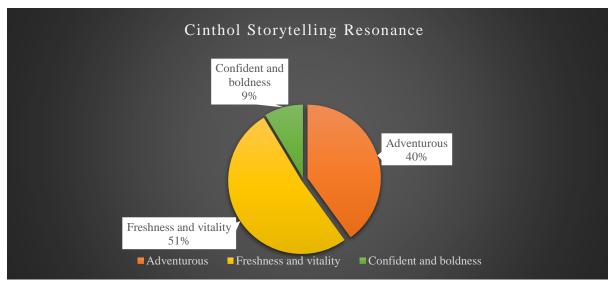
The pie chart indicates that 49% of the respondents recall the "Alive is Awesome Campaign" the most, followed by 40% for the "Cinthol Cool Soap Campaign," and 11% for the "Cinthol Deo Stick Campaign."

3. How does Cinthol's brand storytelling make you feel about the brand?



According to the pie chart, 43% of the respondents feel "Excited" about Cinthol's brand storytelling, while 31% feel "Energized," and 26% feel "Confident."

# 4. Which aspect of Cinthol's brand storytelling resonates with you the most?

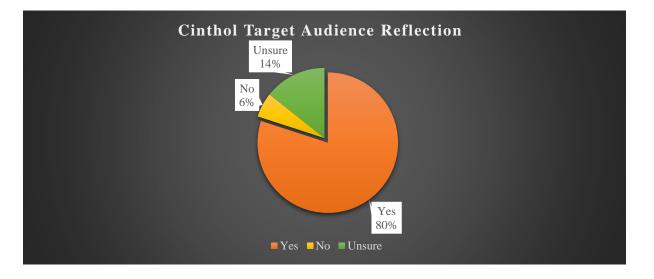


The pie chart shows that 51% of the respondents find "Freshness and vitality" as the most resonating aspect of Cinthol's brand storytelling, followed by 40% for "Adventure and exploration," and 9% for "Confidence and boldness."

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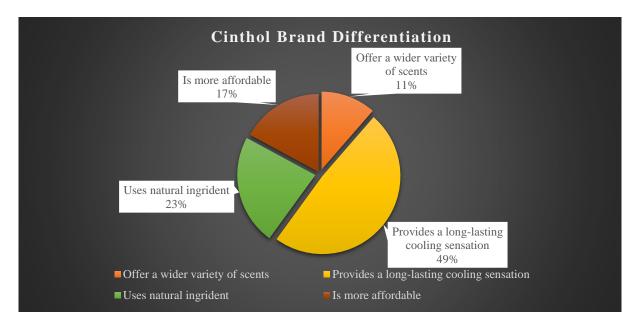


5. Do you feel Cinthol's storytelling accurately reflects its target audience?



The pie chart indicates that 80% of the respondents feel that Cinthol's storytelling accurately reflects its target audience, while 14% are "Unsure," and 6% feel it does not.

6. How does Cinthol differentiate itself from other soap brands?



According to the pie chart, 49% of the respondents believe that Cinthol differentiates itself by "Providing a long-lasting cooling sensation," followed by 23% for "Using natural ingredients," 17% for "Being more affordable," and 11% for "Offering a wider variety of scents."



7. What kind of story does Cinthol want to tell about its brand?



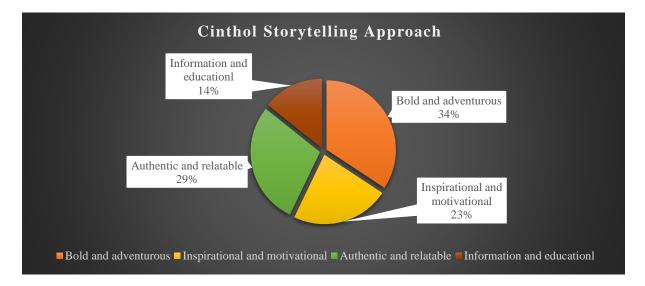
The pie chart shows that 37% of the respondents feel that Cinthol wants to tell a story about "Connecting with nature and loved ones," 34% believe it's about "Overcoming challenges and staying fresh throughout the day," 17% think it's about "Finding inner peace," and 12% feel it's about "Achieving success through hard work.

8. Which aspect of Cinthol's brand story resonates with you the most?



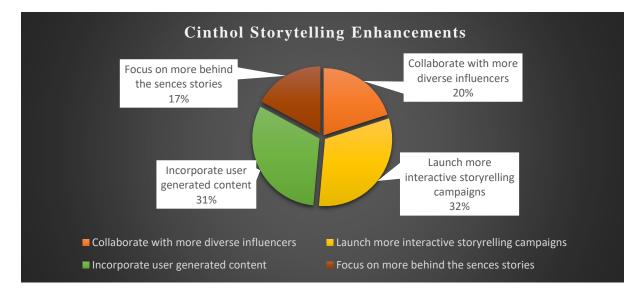
According to the pie chart, 51% of the respondents find Cinthol's "Focus on vitality and confidence" as the most resonating aspect of its brand story, followed by 29% for "Its commitment to natural ingredients," 11% for "Its long heritage and legacy," and 9% for "Its innovative product formulations."





9. How would you describe Cinthol's storytelling approach in its advertising campaigns?

The pie chart indicates that 34% of the respondents describe Cinthol's storytelling approach as "Bold and adventurous," 29% as "Authentic and relatable," 23% as "Inspirational and motivational," and 14% as "Informative and educational."



10. In your opinion, what could Cinthol do differently to enhance its brand storytelling?

According to the pie chart, 32% of the respondents suggest that Cinthol should "Launch more interactive storytelling campaigns" to enhance its brand storytelling, followed by 31% for "Incorporating user-generated content," 20% for "Collaborating with more diverse influencers," and 17% for "Focusing more on behind-the-scenes stories."

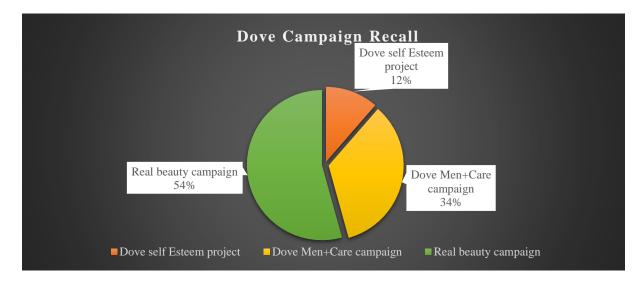


11. What word best describes Dove's brand storytelling?



The pie chart shows that 34% of the respondents describe Dove's brand storytelling as "Empowering" and another 34% as "Authentic," followed by 26% for "Emotional," and 6% for "Inspirational."

12. Which of the following Dove campaigns do you find most memorable?



According to the pie chart, 54% of the respondents find the "Real Beauty Campaign" as the most memorable Dove campaign, followed by 34% for the "Dove Men+Care Campaign," and 12% for the "Dove Self Esteem Project."

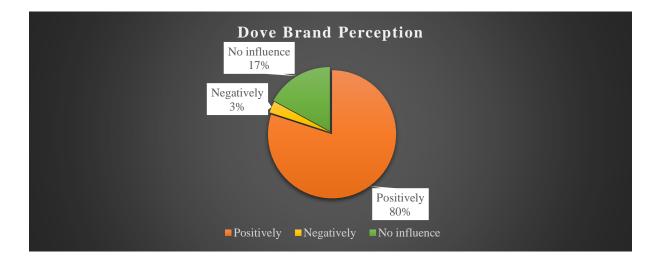
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13. What emotion do you most associate with Dove's brand storytelling?

The pie chart indicates that 46% of the respondents associate "Empowerment" with Dove's brand storytelling, followed by 37% for "Confidence," and 17% for "Inclusivity."

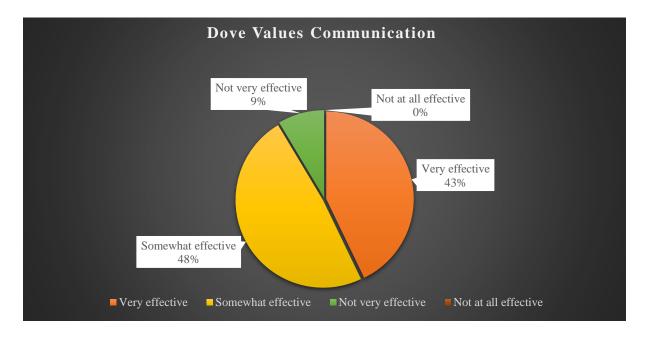


14. How does Dove's brand storytelling influence your perception of the brand?

According to the pie chart, 80% of the respondents feel that Dove's brand storytelling positively influences their perception of the brand, while 17% feel it has no influence, and 3% feel it influences them negatively.

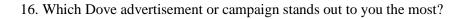
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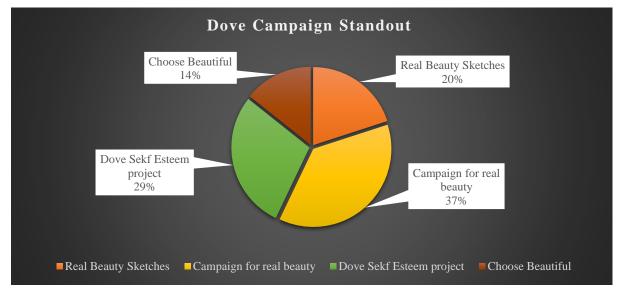




15. How effective do you find Dove's storytelling in communicating its core values?

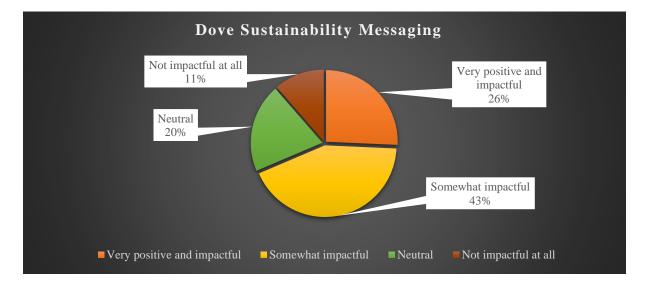
The pie chart shows that 48% of the respondents find Dove's storytelling "Somewhat effective" in communicating its core values, followed by 43% for "Very effective," and 9% for "Not very effective."





According to the pie chart, 37% of the respondents find the "Campaign for Real Beauty" as the most outstanding Dove advertisement or campaign, followed by 29% for the "Dove Self-Esteem Project," 20% for the "Real Beauty Sketches," and 14% for "Choose Beautiful."

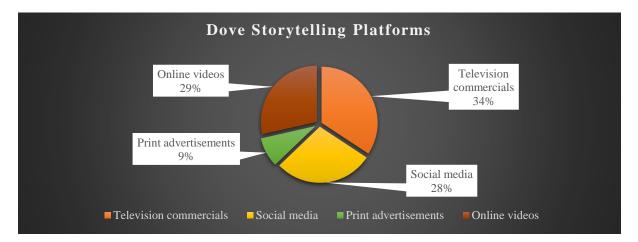




17. How do you perceive Dove's messaging regarding sustainability and social responsibility?

The pie chart indicates that 43% of the respondents find Dove's messaging regarding sustainability and social responsibility "Somewhat impactful," followed by 26% for "Very positive and impactful," 20% for "Neutral," and 11% for "Not impactful at all."

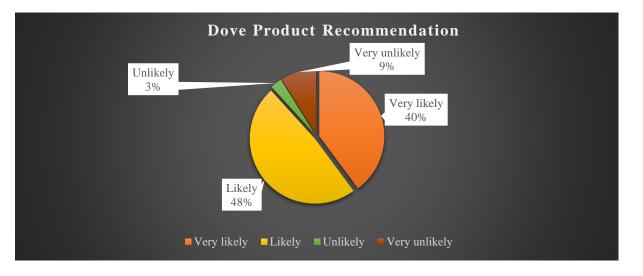
18. Which platform do you find most effective for Dove's brand storytelling?



According to the pie chart, 34% of the respondents find "Television commercials" as the most effective platform for Dove's brand storytelling, followed by 29% for "Online videos," 28% for "Social media," and 9% for "Print advertisements."

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19. How likely are you to recommend Dove products based on its brand storytelling?

The pie chart shows that 48% of the respondents are "Likely" to recommend Dove products based on its brand storytelling, followed by 40% for "Very likely," 9% for "Very unlikely," and 3% for "Unlikely."

20. How important is brand storytelling in influencing your purchasing decisions regarding Dove products?



According to the pie chart, 62% of the respondents find brand storytelling "Somewhat important" in influencing their purchasing decisions regarding Dove products, followed by 23% for "Extremely important," 12% for "Not important at all," and 3% for "Not very important."



#### Findings

- To study a narrative cohesion Cinthol's brand storytelling tends to focus on adventure, vitality, and the spirit of exploration, creating narratives around outdoor activities and ruggedness.
- To study a narrative cohesion Dove's storytelling revolves around themes of self-care, empowerment, and inclusivity, often featuring real-life stories of women and their journeys to self-acceptance.
- To study an emotional resonance Cinthol's storytelling evokes feelings of excitement, adrenaline, and freedom, appealing to a younger, adventurous audience.
- To study an emotional resonance Dove's narratives are designed to evoke emotions such as confidence, authenticity, and empathy, aiming to connect with women on a deeper, emotional level.

# Conclusion

The study of brand storytelling for Cinthol and Dove has revealed the transformative power of compelling narratives in forging emotional connections with consumers and reinforcing brand identities. Cinthol's adventurous and vitalitydriven storytelling has resonated strongly with a younger, thrill-seeking audience, evoking feelings of excitement and inspiring them to embrace an active lifestyle. Conversely, Dove's narratives centered on self-acceptance, empowerment, and inclusivity have struck a chord with diverse audiences, positively shaping brand perceptions and cultivating a sense of authenticity and confidence.

Both brands have demonstrated the ability to integrate their core values into their storytelling strategies, fostering strong consumer loyalty and differentiating themselves in the competitive marketplace. However, to maintain their competitive edge, Cinthol and Dove must continue to innovate, embrace emerging technologies, collaborate with diverse influencers, and address broader societal concerns.

Effective brand storytelling transcends mere product promotion, forging deep emotional bonds with consumers and driving long-term success in an increasingly dynamic and competitive market. As brands continue to navigate the everevolving consumer landscape, the art of storytelling will remain a potent tool for capturing attention, evoking emotions, and fostering enduring connections with their audiences.



### Suggestion

- Explore more interactive and immersive storytelling campaigns to engage consumers, especially the younger audience, on digital platforms.
- Collaborate with a diverse range of influencers and brand ambassadors to broaden the brand's appeal and authenticity.
- Explore new platforms and formats for storytelling, such as virtual reality experiences or augmented reality campaigns, to enhance engagement and impact.
- Strengthen the brand's messaging around sustainability and social responsibility to align with consumers' growing interest in ethical and environmentally conscious brands.

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