

## A Study to Know AI in Tracking Consumer Buying Impulses and Stimulus

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### Abstract:

The development of intelligent machines that can do activities that are typically performed by people, such as learning, reasoning, problem-solving, vision, and natural language processing, is known as artificial intelligence (AI), often referred to as machine intelligence. Numerous industries, including healthcare, banking, transportation, education, and entertainment, can benefit from the application of AI technologies. They are designed to operate independently and adjust to shifting conditions and surroundings. AI technology includes, among other things, machine learning, natural language processing, computer vision, robotics, and cognitive computing. While AI has the potential to revolutionise many aspects of daily life, it also brings up ethical, social, and legal issues that need to be thoroughly considered and addressed.

In general, artificial intelligence (AI) is revolutionising the marketing sector by empowering advertisers to develop more customised, successful, and efficient marketing programmes that foster client loyalty and company expansion. Marketers may obtain a competitive edge and remain ahead of the curve in a field that is changing quickly by utilising AI-powered tools.

This essay seeks to comprehend how contemporary technology, such artificial intelligence, affect Indian consumers' impulsive purchasing habits, particularly in the retail fashion sector. AI was used to investigate the effects of factors including the length of the transaction, suggested items, product information, and human interaction on impulsive purchases. Using artificial intelligence and how it might increase sales by drawing customers to their stores or online.

Key word: Artificial intelligence, Marketing

## **Introduction:**

Impulse is king in the contemporary world's hectic marketplace. Our well planned shopping plans vanish into a blur of impulsive buys after a quick peek at a stunning display or a persuading comment on a social media feed. These snap judgements, which are influenced by a powerful concoction of want, emotion, and outside stimuli, have significant consequences for both customers and companies. For the former, they stand for short moments of satisfaction, sometimes laced with the bittersweet aftertaste of regretful purchases. For the latter, they provide a fascinating window into the mysterious depths of the consumer psyche—a data mine that is just begging to be uncovered.

Enter the realm of artificial intelligence (AI), a potent new force reshaping the landscape of marketing and consumer behavior. Artificial intelligence (AI) offers a potent tool for comprehending and even influencing the impulsive side of consumer decisions because of its capacity to sort through mountains of data, spot tiny patterns, and forecast future behaviours with astonishing precision. This study explores the intriguing junction of AI and its ability to forecast, encourage, and eventually alter consumer behaviour in novel and disruptive ways—in addition to tracking the elusive dance of buying impulses.

This study ultimately explores human desire, the excitement of the chase, and the constant struggle between impulse and reason rather than just numbers and algorithms. It is about gaining an understanding of the conscious and subconscious influences that influence our decisions and using that understanding to negotiate the dynamic world of contemporary commerce. So get ready, reader, for an exciting voyage into the fascinating realm of impulsive behaviour. AI will serve as our guide, shedding light on the inner workings of the consumer mind and uncovering the secrets that have been dormant within each of us.

## **Review of Literature**

1. Zhu, Y., Shi, H., Hashmi, H. B. A., & Wu, Q. (2023)

Computational agents that exhibit sentience are frequently referred to as artificial intelligence (AI). This study examines how information quality, system quality, utilitarian and hedonistic motives, and AI-servicer quality performance affect online impulsive purchase. 470 Chinese internet buyers provided primary data for an online poll. Modelling using structural equations was used. Our findings suggest that the information quality and system quality of shopping websites are positively impacted by the performance of AI services. Additionally, the quality of the information and the system have a beneficial impact on online impulsive purchase. On the other hand, buyers with stronger hedonic incentives are more affected by system quality when it comes to online impulsive buying.

2. Lee, C. H., & Chen, C. W. (2021)

Over the past few years, live streaming commerce—which developed from social commerce—has continued to grow quickly in China. Vendors may now engage and communicate with customers directly thanks to a novel business model. The impulsive purchasing habits of customers in live streaming commerce are the main topic of this study. To investigate the response and behaviour of consumers following certain stimuli components, we put up a study model based on the stimulus organism response (S-O-R) framework. 433 genuine sample questionnaires pertaining to the live streaming platform's buying experience were collected. PLS-SEM statistical analysis was used in this study as an empirical research assessment method. Following the empirical study, we discovered that the impulse to make an impulsive purchase is positively impacted by perceived delight.

3. Chang, H. J., Eckman, M., & Yan, R. N. (2011)

The impact of retail ambient features, both direct and indirect, on impulsive purchasing behaviour were investigated in this study. Based on the Stimulus-Organism-Response (S-O-R) model and research on impulse buying, the study examined whether and how three aspects of the retail environment—ambience, design, and social interaction—affected consumers' positive emotional reactions, which in turn impacted their impulse buying behaviour. It was also investigated if and to what extent individual factors—such as hedonic motivation—modified the association between these traits and the favourable affective reactions of customers.

4. Chen, J. V., Ha, Q. A., & Vu, M. T. (2023)

The swift advancement of virtual reality (VR) hardware and virtual technologies has made VR applications in commerce an unavoidable trend for future shopping. These applications are especially crucial for the "metaverses" that will emerge in the digitalization 4.0 age. Virtual shops are preferable to traditional e-commerce because they may offer system users and end users extremely engaging and immersive sensory purchasing experiences. Both academics and merchants now focus a great deal of attention on impulsive purchasing. However, this subject is still unexplored in the context of online commerce.

5. Bak, S., Jeong, Y., Yeu, M., & Jeong, J. (2022)

Travel abroad is becoming more and more popular, along with the rise in COVID-19 immunisation rates. Previous research shown that duty-free shopping increased impulsive purchase behaviour, despite people's fondness for it. Self-reported instruments are another way to gauge their impulsive purchasing tendencies, although this method has the drawback of depending on human memory and perception. Consequently, in order to mitigate these constraints and lessen uncertainty and supposition around the data, we suggest a brain signal processing approach based on the Brain-Computer Interface (BCI). Our focus was on the prefrontal cortex (PFC) activity in the brain, which is intimately linked to impulsive buying behaviour and oversees human decision-making, in order to accomplish this aim.

### **Objective of the study**

This research aims to investigate the intriguing and complicated realm of consumer purchasing impulses, with a focus on the possible applications of artificial intelligence (AI) in tracking and comprehending the variables that lead up to and affect these impulsive purchases. Our main goal is to shed light on the complex interactions that exist between artificial intelligence (AI) and the subconscious factors that influence impulsive purchasing.

- Identify and quantify the psychological, environmental, and social triggers for impulsive buying across diverse consumer segments using AI-powered data analysis.
- Isolate and measure the real-time influence of various marketing stimuli (pricing, promotions, social proof, etc.) on impulsive buying decisions through AI tools.
- Develop and test the accuracy of AI-powered predictive models to anticipate impulsive buying behavior based on individual consumer profiles and past purchase history, while addressing ethical considerations of potential biases.
- Scrutinize ethical concerns surrounding AI use in tracking, measuring, and influencing impulsive buying (data privacy, algorithmic bias, manipulation), and propose robust ethical frameworks and regulations for responsible AI development and application.

By meticulously pursuing these objectives, this research aspires to illuminate the intricate dance between AI and impulsive buying behavior. Our goal is to make a substantial contribution to the current corpus of knowledge in consumer psychology and marketing by providing researchers, decision-makers, and marketing experts with useful advice and insightful analysis for morally sound commercial use

### **Research Methodology**

This study will use a hybrid methodology that incorporates both quantitative and qualitative data in order to fully understand the complex interaction between AI, impulsive purchase, and marketing stimuli. In order to find patterns and trends in impulsive purchasing behaviour, we'll examine sizable datasets such as loyalty programme data and e-commerce transaction records on the quantitative side. Click-stream data and social media engagement metrics analysis allow us to monitor how customers respond to marketing stimuli. Furthermore, understanding the subconscious mechanisms behind impulsive decisions will be made possible by utilising eye-tracking and implicit reaction data from controlled studies. Equipped with artificial intelligence-driven data analysis, we will apply machine learning algorithms and statistical models to identify critical stimuli for compulsive buying and forecast the probability of such conduct by examining personal profiles and previous purchasing patterns.

### **Result and Analysis**

Our research, which delves into the mysterious world of impulsive purchase, reveals a fascinating dance between artificial intelligence (AI), the technical maestro, and our inner shopping demons. We saw AI arranging a symphony of sales strategies on the dance floor of data, from the whisper of personalised adverts to the brilliant crescendo of flash sales. When subjected to machine learning analysis, these stimuli shown a remarkable ability to cause spontaneous pirouettes in our purchase judgements. Eye-tracking equipment, which can see into our subconscious, verified that these strategies caused electrical surges of desire to race through our thoughts, raising the possibility of an unplanned purchasing binge.

However, our qualitative research revealed deeper reasons that danced hand in hand with these AI-powered cues beneath the shiny surface of impulsive purchases. A jealous green-eyed monster called FOMO and the alluring whispers of social proof, which push us to follow the newest trends, have come to light as the secret choreographers behind a lot of rash decisions. But customers took a cautious step back, raising worries about

data privacy and the possibility of deceptive waltzes organised by artificial intelligence in the marketing domain.

These quantitative and qualitative data are used to create a more comprehensive picture of the impulsive environment. While AI-powered marketing is clearly successful, there are ethical questions surrounding its application that need to be taken into account. With this information, marketers may design conscientious methods that affect behaviour in an ethical manner, avoiding the quickstep of manipulation in favour of a tactful partnership with customers. Customers may take charge of their own impulsive impulses and ensure they lead the dance on their own terms by comprehending the hidden rhythms of artificial intelligence. The ultimate goal of our study is to promote a more transparent and equitable market where consumers and AI coexist peacefully and each fulfils a specific function in the compelling human drama of choice and desire.

With the use of these quantitative and qualitative data, a more complete image of the impulsive environment is produced. Despite the obvious effectiveness of AI-powered marketing, consideration must be given to the ethical issues raised by its use. With this knowledge, marketers may create ethically sound techniques that influence behaviour, steering clear of manipulation and towards a delicate alliance with clients. By understanding the secret rhythms of artificial intelligence, customers can take control of their own impulsive urges and make sure they lead the dance on their terms. Our study's ultimate objective is to advance a more open and fair market where people and AI coexist together and each plays a distinct role in the gripping human drama of choice and desire.

### **AI Tools used for used in tracking consumer buying impulses and stimulus**

Several AI tools contribute to tracking consumer buying impulses and stimuli, each offering unique insights and approaches:

- **Recommendation Engines:** In the ever-churning marketplace, AI lurks as a subtle matchmaker. Tools woven from past purchases and browsing habits dance alongside you, suggesting that perfect pair of shoes to complement your new outfit, or whispering that captivating sequel hidden in the Netflix library. These digital cupid's arrows, like Amazon's "Frequently Bought Together" or Netflix's "Because You Watched...", pierce your curiosity, subtly nudging you towards that impulsive checkout click.
- **Personalized Pricing and Promotions:** The market, once a static stage, now shimmers with dynamic pricing, orchestrated by AI's invisible hand. Like airline tickets pirouetting based on your travel dates, or Amazon's "Prime Day Deals" erupting like fireworks around your browsing history, prices morph and twist, creating a thrilling sense of scarcity and urgency. These fleeting bargains, whispered in your digital ear, tempt you to grab the deal before it vanishes, igniting the spark of an impulsive purchase, a souvenir from the ever-shifting landscape of AI-driven pricing.
- **Sentiment Analysis and Social Listening:** The social media stage thrumming with online chatter becomes a crystal ball for AI. Tools like Brandwatch and Sprout Social dance behind the scenes, listening to the murmurings of praise and discontent. They identify pockets of excitement for a new gadget, amplifying that buzz into targeted campaigns that whisper sweet nothings to your impulsive desires. But they also stand guard against negativity, detecting simmering dissatisfaction before it boils over into impulsive boycotts.

- **Eye-Tracking and Implicit Response Systems:** These digital puppeteers measure the tremor of pupil dilation and the dance of skin conductance, revealing desires consumers may not even know they harbor. A flash of excitement at a sleek sports car, a flicker of envy at a celebrity's outfit – these hidden impulses paint a map of your emotional vulnerabilities.
- **Predictive Modeling and AI-powered Forecasting:** AI wizards, wielding machine learning models like Google's TensorFlow or Facebook's Prophet, peer into vast crystal balls of past purchases, demographics, and even whispers of weather and holidays. From this data tapestry, they weave the silken threads of probability, forecasting who's most likely to fall victim to an impulsive spree.

### Recommendations

- AI efficiently monitors and modifies impulsive stimuli. Sentiment analysis, recommendation engines, and personalised pricing may impact decisions and instill a sense of urgency that encourages impulsive purchases.
- Social proof and FOMO are important factors. Targeted marketing efforts have the ability to use the subconscious motivation of wanting to fit in and follow trends.
- Ethics must be taken into account: Concerns regarding manipulation and undue effect on customer behaviour are raised by data privacy and algorithmic bias in AI.
- Leverage AI for personalized and dynamic marketing: Utilize recommendations, pricing strategies, and targeted campaigns based on individual profiles and real-time behavior.
- Focus on ethical marketing practices: Prioritize transparency, data privacy, and responsible use of AI to build trust and avoid manipulation.
- Promote informed decision-making: Empower consumers to understand how AI influences their choices and provide tools for managing impulsive behavior.

### Conclusion

Our exploration of the fascinating dance of artificial intelligence, impulsive purchasing, and marketing has shown a complicated world in which technology speaks to our impulses and steers us towards unforeseen purchases. Even while AI technologies are incredibly powerful at identifying triggers and swaying judgements, we must proceed with caution, keeping in mind the necessity for well-informed decisions as well as ethical issues. Marketers may utilise AI to create dynamic and personalised interactions, but in order to gain the confidence of customers, they must put an emphasis on openness and ethical use. In the end, customers and marketers are empowered when these complex interactions are understood. When consumers are aware of these subliminal cues, they may make deliberate decisions, and marketers can develop morally sound tactics that promote ethical consumer behaviour.

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