

## Advancements in Polyhydroxyalkanoates (PHA) Production via Fermentation

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**Abstract:** Polyhydroxyalkanoates (PHA) have emerged as promising biopolymers due to their biodegradability and potential to replace conventional plastics. This review paper provides an overview of PHA production through fermentation, with a specific focus on utilizing whey as a cost-effective substrate. The paper highlights the importance of microorganism selection, whey pre-treatment requirements, recycling waste streams, PHA purification techniques, and the influence of PHA monomer composition on product properties. By addressing these key aspects, this review aims to contribute to the development of economically viable and environmentally friendly PHA production processes

### INTRODUCTION:

Polyhydroxyalkanoates (PHA) are a class of biodegradable polymers with versatile applications, making them a promising alternative to conventional plastics derived from fossil fuels. These biopolymers are synthesized by various microorganisms through a process known as fermentation. This section provides an overview of PHA, highlighting its chemical structure, properties, and potential as sustainable bioplastics. Additionally, it addresses the current challenges faced in PHA production and the need for efficient and cost-effective manufacturing processes.

### 1.1 Overview of Polyhydroxyalkanoates (PHA)

Polyhydroxyalkanoates (PHA) are a family of biodegradable polyesters produced by a wide range of microorganisms as intracellular carbon and energy storage compounds. PHA polymers possess a linear chain structure consisting of hydroxyalkanoate (HA) monomer units. The diversity in HA monomers allows for tailoring PHA properties, including mechanical strength, thermal stability, and biodegradability. Commonly encountered PHAs include polyhydroxybutyrate (PHB), polyhydroxyvalerate (PHV), and their copolymers. PHA's biodegradability sets it apart from conventional plastics, making it a sustainable solution to the increasing environmental concerns associated with plastic waste accumulation. PHA can be degraded by various microorganisms in natural environments, leading to carbon dioxide and water as the end products. Moreover, PHA's biocompatibility and non-toxic nature make it suitable for biomedical applications such as drug delivery systems and tissue engineering.

### 1.2 Significance of PHA as Bioplastics

The widespread use of petroleum-based plastics has resulted in numerous environmental challenges, including pollution, resource depletion, and climate change. Bioplastics, including PHA, offer an eco-friendly alternative due to their renewable origin and biodegradability. PHA exhibits several advantageous properties,

such as excellent film-forming capabilities, resistance to oxygen and moisture, and compatibility with other materials. These properties make PHA suitable for various applications, including packaging materials, agricultural films, disposable cutlery, and even 3D printing filaments.

Furthermore, PHA's potential as a replacement for petroleum-based plastics in medical and healthcare industries is noteworthy. Biocompatibility, controlled biodegradation, and tunable mechanical properties make PHA ideal for medical device manufacturing, tissue engineering scaffolds, and controlled drug release systems. PHA's ability to support cell adhesion and proliferation, along with its adjustable degradation rate, enhances its suitability for biomedical applications.

### 1.3 Current Challenges and the Need for Efficient PHA Production

Despite the significant potential of PHA as a sustainable bioplastic, several challenges hinder its large-scale production and commercial viability. The main challenges include high production costs, limited microbial strain options, low product yields, and inefficient downstream processing techniques. These factors contribute to the higher cost of PHA compared to petroleum-based plastics, making it less economically competitive.

Efficient and cost-effective PHA production requires the development of robust microbial strains with enhanced PHA synthesis capabilities. Strain engineering, metabolic pathway optimization, and genetic modification techniques are being employed to enhance PHA production efficiency. Additionally, the choice of carbon source greatly impacts PHA production economics, and the utilization of waste streams, such as whey, offers a promising solution.

To overcome these challenges, research efforts are focused on optimizing fermentation conditions, improving microbial productivity, exploring alternative feedstocks, and developing efficient downstream processing methods. The development of integrated biorefineries that utilize waste streams and incorporate PHA production alongside other biotechnological processes is gaining attention.

In conclusion, PHA represents a promising avenue for sustainable bioplastic production. However, addressing the current challenges related to production costs, strain selection, yield improvement, and downstream processing is crucial for the commercialization and widespread adoption of PHA-based materials. Efforts to optimize fermentation processes, utilize waste streams as substrates, and enhance microbial strains are key steps in achieving efficient and economically viable PHA production.

## 2. Microorganism Selection for PHA Production

### 2.1 Considerations for Microorganism Choice

Selecting the right microorganism is crucial for efficient polyhydroxyalkanoates (PHA) production via fermentation. Several factors should be considered when choosing a microorganism, including its PHA yield, composition, growth rate, and substrate utilization capabilities.

The microorganism's ability to efficiently convert available substrates into PHA is of primary importance. Ideally, the chosen microorganism should have a fast growth rate and high PHA accumulation capacity to optimize productivity.

### 2.2 Role of Halophiles: *H. mediterranei* as an Example

*Halomonas mediterranei*, a halophilic microorganism thriving in high salt concentrations, is a notable example of a microorganism suitable for PHA production. Halophiles, like *H. mediterranei*, offer distinct advantages in

PHA production. They exhibit versatility in utilizing various carbon sources, including waste substrates, which makes them economically attractive. Moreover, their tolerance to fluctuating environmental conditions enhances the robustness of the PHA production process.

### 2.3 Microbial Mixed Cultures (MMCs) for Enhanced PHA Production

Another approach to enhance PHA production is the utilization of microbial mixed cultures (MMCs). MMCs consist of multiple species that interact synergistically to improve overall performance. These cultures leverage cooperative metabolic interactions to utilize complex substrates and expand the range of available feedstocks for PHA production. MMCs have the potential to enhance PHA yields and broaden the scope of waste substrates that can be utilized.

However, implementing MMCs for PHA production presents challenges related to stability and scalability. Sustaining the stability of the mixed culture over extended periods and scaling up the process require further research and development efforts.

## 3. Whey Pre-treatment for PHA Production

### 3.1 Challenges and Obstacles in Using Whole Whey

Whey, a by-product of cheese and yogurt production, has gained attention as a potential substrate for polyhydroxyalkanoates (PHA) production due to its high organic content. However, using whole whey directly in PHA fermentation poses certain challenges. Whole whey contains complex components, such as lactose, proteins, fats, and minerals, which may hinder microbial growth and PHA accumulation. Moreover, whey's high organic load can cause process imbalances, leading to lower PHA yields and inconsistent fermentation performance.

### 3.2 Recycling Waste Streams for Additives

To overcome the challenges associated with whole whey utilization, pre-treatment methods can be employed to modify its composition and improve its suitability for PHA production. One approach is to separate whey components and recycle specific streams as additives. For example, lactose can be enzymatically hydrolyzed into glucose and galactose, which are more easily utilized by PHA-producing microorganisms. By controlling the nutrient composition through selective recycling, the fermentation process can be optimized for improved PHA production efficiency.

### 3.3 Whey By-products: Utilizing Ricotta Cheese Whey (Scotta)

Ricotta cheese whey, also known as "scotta," is a by-product with lower lactose content generated during ricotta cheese production. Scotta has emerged as a valuable alternative to whole whey for PHA production. Its reduced lactose content minimizes the inhibitory effects on microbial growth and facilitates efficient PHA synthesis. Furthermore, scotta contains whey proteins that can serve as a nitrogen source, promoting the growth of PHA-producing microorganisms.

Utilizing scotta for PHA production offers several advantages, including reduced pre-treatment requirements, cost-effectiveness, and improved process stability. The use of scotta as a substrate contributes to the valorization of cheese industry waste streams, making PHA production more sustainable and economically viable.

#### **4. Enhancing PHA Production Efficiency**

##### **4.1 Alternative Additives from Food Wastes**

Food wastes offer a potential source of alternative additives for enhancing polyhydroxyalkanoates (PHA) production. These wastes, such as fruit peels, vegetable scraps, and spent grains, are rich in organic compounds that can serve as substrates or co-substrates for PHA-producing microorganisms. By utilizing these waste materials, not only can the cost of PHA production be reduced, but also the environmental impact of food waste disposal can be mitigated. The selection and optimization of food waste additives should consider their nutrient content, biodegradability, and compatibility with the PHA production process.

##### **4.2 Stress Factors and PHA Production Enhancers**

Various stress factors can affect PHA production, including limited nutrient availability, high carbon-to-nitrogen ratio, and oxygen limitation. To overcome these challenges, different strategies can be employed as PHA production enhancers. For instance, the addition of precursors, such as short-chain fatty acids or volatile fatty acids, can enhance PHA accumulation by providing alternative carbon sources. Genetic engineering techniques can also be applied to modify microorganisms, improving their stress tolerance and PHA production capacity. Additionally, the use of fermentation strategies, such as two-stage or fed-batch processes, can optimize nutrient utilization and maximize PHA production efficiency.

##### **4.3 Optimization of Fermentation Conditions**

Optimizing fermentation conditions is crucial for achieving high PHA production yields. Factors such as pH, temperature, dissolved oxygen levels, and agitation play significant roles in microbial growth and PHA accumulation. pH control within an optimal range ensures favorable microbial activity and product formation. Maintaining an appropriate temperature supports enzymatic activities and avoids cellular stress. Adequate dissolved oxygen levels and agitation promote oxygen supply and prevent oxygen limitation, which can negatively impact PHA production. Furthermore, process monitoring and control, such as online sensors and feedback control systems, enable real-time adjustments and improve process efficiency.

By systematically optimizing fermentation conditions, it is possible to enhance PHA production efficiency and maximize product yields. This optimization process often involves the application of statistical experimental designs, such as response surface methodology, to identify the optimal combination of factors and their respective levels.

#### **5. PHA Extraction and Purification**

Polyhydroxyalkanoates (PHA) are synthesized intracellularly by microorganisms and need to be extracted and purified for further applications. The extraction process aims to recover PHA from microbial cells while minimizing impurities and maintaining its molecular weight and properties. Several extraction methods have been developed, including solvent-based extraction, enzymatic and detergent-based extraction, as well as alternative extraction approaches and secretion strategies.

##### **5.1 Solvent-Based Extraction Methods**

Solvent-based extraction methods are commonly used for PHA recovery. Solvents such as chloroform, dichloromethane, or mixtures of chloroform and methanol are employed to dissolve the microbial biomass and extract PHA. This method takes advantage of the solubility of PHA in organic solvents while leaving other

cellular components behind. The extracted PHA is then precipitated by adding a non-solvent, such as cold methanol or ethanol, leading to the formation of PHA granules. Although solvent-based extraction methods offer high PHA recovery yields, they require the use of hazardous organic solvents and can be environmentally unfriendly.

### 5.2 Enzymatic and Detergent-Based Extraction Methods

Enzymatic and detergent-based extraction methods provide alternatives to solvent-based approaches. Enzymes, such as proteases and lysozyme, can be used to break down the cell walls and release PHA from microbial cells. Detergents, such as sodium dodecyl sulfate (SDS), can disrupt the cell membranes and facilitate PHA extraction. These methods are generally milder and more environmentally friendly compared to solvent-based extraction. However, their efficiency and selectivity for PHA extraction may vary depending on the microorganism and the type of PHA produced.

### 5.3 Alternative Extraction Approaches and Secretion Strategies

Researchers are exploring alternative extraction approaches and secretion strategies to simplify the PHA recovery process. One approach involves the engineering of microorganisms to secrete PHA into the culture medium, eliminating the need for cell disruption and extraction. This strategy can be achieved by modifying PHA synthase enzymes or introducing fusion proteins that facilitate PHA secretion. Another approach focuses on using environmentally friendly solvents, such as supercritical carbon dioxide or ionic liquids, which offer efficient extraction while reducing the use of hazardous chemicals.

Furthermore, advancements in bioprocess technology have led to the development of integrated extraction processes, where extraction and purification steps are combined. These processes aim to streamline the PHA recovery process, reduce energy consumption, and minimize the use of organic solvents or chemicals.

Overall, the extraction and purification of PHA are critical steps in its production. Solvent-based extraction methods have been widely used, but alternative approaches, including enzymatic and detergent-based methods, as well as secretion strategies, are gaining attention due to their potential for improved sustainability. Further research and development efforts are needed to optimize extraction processes, reduce costs, and enhance the scalability of PHA production.

## 6. Influence of PHA Monomer Composition

The monomer composition of polyhydroxyalkanoates (PHA) plays a crucial role in determining their physical and chemical properties, which, in turn, influence their potential applications. The manipulation of PHA monomer composition can be achieved through various approaches, including the selection of appropriate carbon sources, pre-treatments of substrates, and genetic engineering of microorganisms.

### 6.1 Importance of Monomers in PHA Properties

PHA properties, such as crystallinity, melting temperature, mechanical strength, and biodegradability, are strongly influenced by the composition of hydroxyalkanoate (HA) monomers incorporated into the polymer chain. For example, the presence of short-chain-length (SCL) monomers results in a more amorphous and flexible PHA, making it suitable for applications requiring elasticity and film-forming properties. On the other hand, long-chain-length (LCL) monomers contribute to a more rigid and crystalline PHA, making it suitable for applications requiring stiffness and durability.

## 6.2 Whey Pre-treatments and Impact on Monomer Composition

The choice of carbon source significantly affects the monomer composition of PHA. Whey, a by-product of cheese or dairy processing, has gained attention as a low-cost carbon source for PHA production. Pre-treatments of whey, such as acid or enzymatic hydrolysis, can modify its composition, leading to variations in the monomer composition of PHA. These pre-treatments break down whey components, such as lactose and proteins, into smaller molecules, which can be more readily assimilated by microorganisms. Consequently, the resulting PHA may exhibit altered monomer compositions compared to PHA produced from untreated whey.

## 6.3 Engineering Microorganisms for Tailored Monomer Composition

Genetic engineering techniques offer a powerful tool for tailoring PHA monomer composition. By manipulating the genes involved in PHA synthesis pathways, microorganisms can be engineered to produce PHA with specific monomer compositions. This can be achieved through the introduction of genes encoding different PHA synthases or the modulation of enzyme activities through genetic modifications. For example, the introduction of genes from various microorganisms can lead to the incorporation of different monomers into the PHA polymer chain, allowing for the production of PHA with desired properties.

Furthermore, advances in synthetic biology have enabled the design of modular PHA biosynthesis pathways, where individual enzyme activities can be fine-tuned or replaced, resulting in the production of PHA with tailored monomer compositions. This approach offers greater control over the PHA properties and expands the range of potential applications.

## 7. Techno-economic and Environmental Considerations

### 7.1 Cost Analysis of PHA Production from Whey

The economic viability of polyhydroxyalkanoates (PHA) production is a critical factor in scaling up the technology for commercial applications. A cost analysis of PHA production involves assessing various factors, including raw material costs, fermentation process efficiency, downstream processing, and product purification. When considering PHA production from whey, which is a by-product of the dairy industry, it is essential to evaluate the cost-effectiveness of utilizing this waste stream.

Whey offers a cost advantage as a potential carbon source for PHA production due to its abundance and relatively low cost compared to other carbon sources. However, the cost analysis should account for whey pre-treatment methods, such as enzymatic hydrolysis or acid hydrolysis, as these may incur additional expenses. Additionally, the fermentation process efficiency, such as the yield of PHA from whey, the productivity of the microorganism, and the overall conversion efficiency, should be considered to optimize the production process.

Downstream processing and product purification also contribute to the overall cost of PHA production. Methods for PHA extraction, purification, and recovery from the fermentation broth can vary in cost and efficiency. Solvent-based extraction methods may offer higher yields but could involve the use of expensive solvents. On the other hand, enzymatic and detergent-based extraction methods may provide more environmentally friendly alternatives but could have higher operating costs.

To assess the cost-effectiveness of PHA production from whey, a comprehensive techno-economic analysis should be conducted, considering all relevant factors and accounting for economies of scale. This analysis will provide insights into the cost structure, identify areas for optimization, and guide decision-making processes in scaling up PHA production from whey.

### 7.2 Environmental Implications and Sustainability Assessment

The production of PHA from whey can have significant environmental implications and offers potential sustainability benefits compared to traditional plastics derived from fossil fuels. PHA is a biodegradable and renewable material, which reduces the environmental impact associated with the accumulation of non-biodegradable plastics in landfills and oceans.

The use of whey as a carbon source for PHA production contributes to waste valorization by converting a by-product into a valuable resource. This approach promotes the circular economy by minimizing waste generation and utilizing underutilized resources. Furthermore, PHA production from whey can potentially reduce greenhouse gas emissions by diverting whey from anaerobic digestion processes, which release methane, a potent greenhouse gas.

A sustainability assessment of PHA production should consider various environmental indicators, including carbon footprint, energy consumption, water usage, and waste generation. Life cycle assessment (LCA) methodologies can be employed to evaluate the overall environmental impact of PHA production, considering all stages from raw material acquisition to end-of-life disposal. LCA provides insights into the potential environmental hotspots and allows for optimization strategies to minimize the environmental burden.

In addition to environmental considerations, social and economic aspects should also be taken into account to ensure a comprehensive sustainability assessment. These may include evaluating social acceptance, job creation, and regional economic impacts associated with PHA production from whey.

By conducting a thorough techno-economic analysis and sustainability assessment, it is possible to evaluate the feasibility and environmental implications of PHA production from whey. This knowledge can guide decision-making processes, support the development of sustainable business models, and foster the adoption of PHA as a viable alternative to conventional plastics.

## 8. Scale-up Challenges and Future Perspectives

### 8.1 Industrial-scale PHA Production from Whey

Scaling up PHA production from whey to an industrial level poses challenges such as ensuring a stable supply of whey and optimizing fermentation processes. Long-term partnerships with dairy producers and effective supply chain management are crucial. Process optimization and monitoring systems are needed for higher productivity and yield. Downstream processing methods should be cost-effective and environmentally friendly.

### 8.2 Integration of PHA Production with Other Biotechnological Processes

Integrating PHA production with other biotechnological processes can enhance sustainability and economic feasibility. Co-production of PHA and value-added products from whey, such as biofuels or nutritional supplements, increases overall economic value. Combining PHA production with anaerobic digestion of whey allows for biogas generation and efficient resource utilization.

### 8.3 Future Research Directions and Potential Innovations

Future research can focus on strain improvement for enhanced PHA productivity and stress tolerance. Genetic engineering techniques can be employed for tailored monomer composition and improved metabolic pathways. Process optimization, including fermentation strategies and control systems, can enhance efficiency. Innovations in downstream processing, valorization of by-products, and techno-economic analysis can further improve PHA production from whey.

By addressing these challenges and exploring new research directions, the scalability and sustainability of PHA production from whey can be improved, opening up possibilities for its industrial application.

### **Conclusion :**

In this comprehensive review, we have explored the production of polyhydroxyalkanoates (PHA) using whey as a sustainable feedstock. We began by discussing the significance of PHA as bioplastics and highlighting the current challenges faced in PHA production. Throughout the paper, we delved into various aspects of PHA production, including microorganism selection, whey pre-treatment, production efficiency enhancement, extraction and purification methods, monomer composition influence, techno-economic considerations, scale-up challenges, and future perspectives.

In the realm of microorganism selection, we emphasized the importance of choosing suitable strains for PHA production. Factors such as growth rate, PHA accumulation capacity, substrate utilization, and stress tolerance must be carefully considered. We highlighted the role of halophiles, specifically *Halomonas mediterranei*, as an exemplary microorganism with high PHA production potential.

The utilization of whey as a feedstock presents challenges and opportunities. We discussed the obstacles associated with using whole whey, such as its complex composition and impurities. To overcome these challenges, recycling waste streams and focusing on specific whey by-products, such as ricotta cheese whey (scotta), can enhance PHA production efficiency while valorizing waste materials.

Efficiency enhancement strategies, including the utilization of alternative additives from food waste and the manipulation of stress factors, were explored to improve PHA production yields. Additionally, optimizing fermentation conditions, such as pH, temperature, and oxygen availability, is crucial for achieving high PHA productivity.

The extraction and purification of PHA were discussed in detail, covering solvent-based methods, enzymatic and detergent-based approaches, as well as alternative extraction approaches and secretion strategies. Each method has its advantages and limitations, and the choice depends on factors such as environmental impact, cost, and product purity.

We highlighted the importance of PHA monomer composition in determining its properties and applications. Whey pre-treatments were shown to influence the monomer composition of PHA, and engineering microorganisms for tailored monomer composition can lead to PHA variants with desired characteristics.

Techno-economic considerations and environmental implications were addressed, emphasizing the need for cost analysis and sustainability assessment. Evaluating the economic feasibility of PHA production from whey, including factors such as raw material costs, downstream processing expenses, and market demand, is

crucial for successful commercialization. Furthermore, assessing the environmental impact and sustainability of PHA production processes is essential for ensuring a greener alternative to traditional plastics.

The scale-up challenges of industrial-scale PHA production from whey were discussed, including the need for efficient large-scale fermentation, downstream processing optimization, and overcoming technical and economic barriers. We also explored the potential integration of PHA production with other biotechnological processes, such as co-culturing with other microorganisms or coupling with bioenergy production, to maximize resource utilization and enhance process efficiency.

Lastly, we presented future research directions and potential innovations. These include further strain optimization through genetic and metabolic engineering, exploring alternative fermentation strategies, developing eco-friendly extraction and purification methods, understanding the impact of whey pre-treatments on monomer composition, and conducting comprehensive techno-economic and environmental assessments.

### 9.2 Challenges and Opportunities for PHA Production from Whey

The production of PHA from whey poses both challenges and opportunities. Challenges include ensuring a stable supply of whey with consistent composition, scaling up fermentation processes to industrial levels, developing cost-effective and sustainable downstream processing methods, and controlling the influence of whey pre-treatments on PHA monomer composition. Addressing these challenges requires interdisciplinary collaboration, innovation, and a holistic approach to process optimization.

Despite the challenges, PHA production from whey offers significant opportunities. By utilizing whey as a feedstock, PHA production contributes to waste valorization and the circular economy. It reduces the environmental burden associated with whey disposal while providing a sustainable alternative to conventional plastics. The integration of PHA production with other biotechnological processes, such as bioenergy production or co-production of other valuable products, enhances resource efficiency and economic viability.

### 9.3 Recommendations for Future Studies

To advance the field of PHA production from whey, future studies should focus on the following areas:

**Strain optimization:** Further research on genetic and metabolic engineering techniques can enhance PHA productivity and stress tolerance in microbial hosts. Tailoring the metabolic pathways and optimizing enzyme expression can lead to improved PHA yields and properties.

**Process optimization:** Investigating alternative fermentation strategies, such as fed-batch or continuous fermentation, can increase PHA productivity and improve process efficiency. Implementing advanced control systems and monitoring technologies will aid in real-time process optimization.

**Downstream processing innovation:** Developing environmentally friendly and cost-effective extraction and purification methods is crucial. Exploring bio-based solvents, novel separation techniques, and enzymatic or detergent-based extraction methods can minimize environmental impact and increase sustainability.

**Monomer composition control:** Understanding the impact of whey pre-treatments on PHA monomer composition is essential. Further studies should focus on optimizing pre-treatment strategies to achieve desired monomer compositions and properties for specific applications.

**Techno-economic and environmental assessments:** Conducting comprehensive techno-economic analyses and life cycle assessments will provide insights into the economic viability and environmental implications of

industrial-scale PHA production from whey. This information can guide decision-making and policy development.

Scale-up challenges: Addressing the technical and economic challenges associated with scaling up PHA production from whey is critical. Research should focus on developing robust large-scale fermentation systems, optimizing downstream processing for industrial production, and exploring strategies for cost reduction.

By addressing these research recommendations, the production of PHA from whey can be further optimized, making it a sustainable and economically viable alternative to conventional plastics.

In conclusion, PHA production from whey offers a promising pathway for sustainable bioplastics production. By addressing the challenges and capitalizing on the opportunities, the development of efficient and eco-friendly PHA production processes can contribute to the transition towards a more sustainable and circular economy. Continued research and innovation in this field will pave the way for the widespread adoption of PHA as a viable alternative to traditional plastics, reducing environmental impact and promoting a greener future.