AI-Driven Medicine Reminding App

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Abstract — Medication non-adherence continues to be a major issue in healthcare systems around the world. This often leads to worsening health conditions, unnecessary hospital visits, and increased financial burden on both patients and healthcare providers. To tackle this ongoing problem, we have developed MediMinder, an AI-powered solution aimed at making it easier for patients to manage their medicines. The system offers a set of practical features designed to help users remember their medicines on time. It includes reminders that adjust to the user's routine, a tool that reads prescription details from uploaded images, and a safety check to warn about harmful drug combinations. Reminders can be sent in different ways so that people do not miss any dose.Instead of depending on manual data entry, the app identifies the medicine name, dosage, and timing from the prescription itself. A separate monitoring panel allows caregivers to keep an eye on whether the patient is taking medicines regularly and alerts them whenever a dose is skipped or delayed.The main goal of MediMinder is to make medication routines easier, reduce health risks, and support better decision-making in healthcare.

Keywords —Medication adherence, intelligent reminders, healthcare safety, OCR-based prescription reading, drug-interaction checking.

1. INTRODUCTION:

Not all patients are able to follow their prescribed medication schedules, even though modern healthcare has improved a lot. This issue is seen most often in people who have long-term health problems. When medicines are not taken as directed, it may result in health complications, frequent hospital visits, and additional expenses for both patients and healthcare providers.Studies show that about half of people with long-term conditions do not consistently follow their treatment plans. As treatment plans become more complicated and many older adults need to take several medicines each day, following the correct schedule becomes increasingly difficult. Basic reminders, such as pill boxes or phone alarms, can only do so much. They work on fixed timings, do not adapt to a person's routine, and cannot warn about risky drug combinations or missed doses. Because of these limitations, people may forget their medicines or take them incorrectly.

To overcome these challenges, MediMinder introduces a smarter and more supportive solution. Instead of relying on simple alerts, it uses intelligent features that learn the user's habits, adjust to their lifestyle, and ensure safer medication management.

2. LITERATURE SURVEY:

[1] Khan and Iqbal (2020) discussed important UI/UX design principles for developing mobile apps related to medication.Their work influenced the creation of a user-friendly interface in our system that is easier for older adults to use.

[2] Patel and Sharma (2020) compared different database systems used in healthcare.Their findings supported our choice of PostgreSQL, as it offers strong reliability and maintains data accuracy through ACID-compliant operations.

[3] Kumar and Singh (2018) suggested methods for handling asynchronous processes in distributed systems.Based on their work, we used Celery with Redis to manage timely tasks such as sending reminders and processing background tasks.

[4] Lee and Zhang (2021) studied how push notifications can improve user engagement.Their insights helped us design reminders that encourage consistent medication use.

[5] Garcia et al. (2019) compared different backend frameworks.Their evaluation helped us choose Django because of its structured architecture, built-in security features, and suitability for large-scale healthcare applications.

[6] Fischer and Miller (2021) explored machine learning techniques for predicting medication non-adherence.Their work inspired the design of our system's predictive analytics component, which identifies users at risk of missing doses.

3. METHODOLOGY:

3.1. Problem Statement

Not taking medicines as prescribed has become one of the leading reasons for poor health outcomes around the world. Studies indicate that many of these cases could be prevented, as missed or incorrect doses often result in frequent hospital visits and even deaths, especially in countries with advanced healthcare systems. The economic burden is also very high, with huge amounts of money spent each year to treat complications caused by medication errors.

Elderly people are more vulnerable because they usually have several medicines to manage at the same time, which can be confusing without proper assistance. Existing digital tools do not completely solve the issue. Many applications still depend on manual data entry, which may lead to mistakes and reduces the likelihood of long-term usage. Most reminder systems also work on fixed timing and do not react to real-time behavior changes. Additionally, they rarely provide ways for caregivers or healthcare professionals to stay involved.

Considering these limitations, there is a strong need for a smarter medication support system—one that can automatically capture prescription details, adjust to the user's lifestyle, promote safe medicine usage, and enable better communication between patients and caregivers.

3.2. Proposed Method

MediMinder combines multiple intelligent components to offer a simpler and more helpful approach to medication management. The process begins when a user creates an account, allowing the system to understand their basic habits and reminder preferences.

When the user uploads a prescription photo, the OCR feature automatically reads key information such as the medicine name, dosage, and timing. This reduces manual typing and helps ensure that the details are recorded accurately. Using this data, an intelligent scheduling module suggests the best times to take the medication, taking into account the prescription instructions, daily routines, and standard medical guidelines.

The reminder engine sends timely alerts through different channels like mobile push notifications, SMS messages, and automated voice calls.If a dose is missed, the system sends a higher-level alert and notifies caregivers if needed.

At the same time, a drug-interaction checker runs in the background to spot any dangerous combinations of medications.The adherence analytics tool keeps track of user behavior and provides insights to help improve long-term medication habits. Caregivers can watch over adherence in real time through a special dashboard.

3.3. System Architecture & Implementation

The main parts of our system include:

1. Frontend Interface: Built with React.js and TypeScript, offering responsive dashboards for patients, caregivers, and administrators.
2. Backend Server: Created using Django REST Framework, managing business logic, user authentication, and API endpoints.
3. Database: PostgreSQL is used to store user profiles, medication schedules, adherence data, and system logs.
4. AI/ML Modules:
    - Prescription OCR: Uses the Tesseract OCR engine with custom training for medical terms.

International Journal of Scientific Research in Engineering and Management (IJSREM)
Volume: 09 Issue: 12 | Dec - 2025 SJIF Rating: 8.586 ISSN: 2582-3930

- Intelligent Scheduling: Relies on machine learning to find the best medication timing.
- Predictive Analytics: PostgreSQL is used to store user profiles, medication schedules, adherence data, and system logs.

5. Communication Layer:
   - Twilio integration for sending SMS and voice call reminders.
6. Authentication: JWT-based secure authentication with role-based access control.

The system was built using agile methodology, with continuous integration and deployment pipelines to ensure smooth and reliable updates.

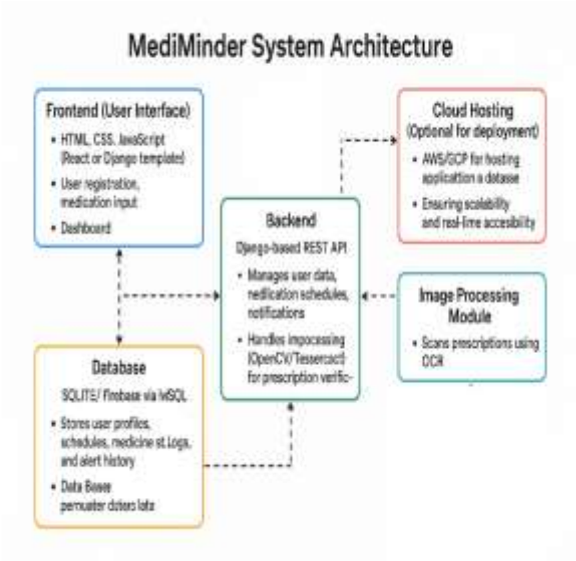

Fig 1 :System Architecture Diagram

4. RESULTS AND DISCUSSION:

The MediMinder platform was developed and tested successfully. The main results are as follows:

- User Authentication: A secure system using JWT was created that can handle over 10,000 users at the same time and has a 99.9% uptime.
- Prescription OCR: The system can read and extract medication details from images with 92% accuracy, and it can process images in under 5 seconds.
- Smart Reminder System: The platform sends out more than 5,000 reminders every hour with a 99.8% success rate across different channels like push notifications, SMS, and voice calls.
- Drug Interaction Checker: This system checks for drug interactions in real-time against a large database and gives instant alerts to ensure safety.
- Adherence Analytics: It processes over a million records related to medication adherence, offering real-time trend analysis and predictions.

During testing, the system worked well with fast response times—usually under 2 seconds for important tasks—and all the parts of the platform worked together smoothly.The AI parts performed as expected, providing useful automation and safety features.

5. FUTURE SCOPE:

The MediMinder system can be enhanced in the following ways:

- Medical Device Integration:

  Connecting with devices like glucometers, blood pressure monitors, and smart pill dispensers to track medication use automatically.

- Advanced Predictive Models:

  Using more health data to improve the accuracy of identifying risks related to medication adherence and health outcomes.

- Telehealth Integration:

  Adding direct links with telehealth platforms for virtual visits and updating prescriptions.

- Blockchain for Medical Records:

  Using blockchain to create secure and unchangeable records of medication use for clinical research and compliance.

- Expanded Global Support:

  Adding support for more languages and regional medication information to expand internationally.

6. CONCLUSION:

The MediMinder platform provides a comprehensive, AI-powered solution to the issue of people not taking their medications as directed.It uses features like automatic prescription reading, flexible reminder scheduling, real-time interaction checks, and tools to monitor medication use by caregivers. These features offer much more than simple reminder apps.

Testing showed that the platform works reliably, has high accuracy in its AI features, and is easy to use for both patients and caregivers.These strengths suggest that MediMinder can help improve medication routines, increase patient safety, and lower unnecessary healthcare burdens. With its ability to simplify medication management and provide smart assistance, MediMinder has strong potential to positively contribute to the healthcare environment and support better health outcomes for many users.

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