

Autism Spectrum Disorder Detection

¹Nandhana S, ²Nikhil T S, ³Sruthysree, ⁴V Sivadharani, ¹Vinish A

¹Student, ²Student, ³Student, ⁴Student, ¹faculty

Computer Science and Engineering Department,

Nehru College of Engineering and Research Centre (NCERC), Thrissur, India

Abstract -autism spectrum disorder (ASD) is regarded as a neuro-developmental disorder characterized by difficulties in communication, social interaction, and cognitive functioning. It is important to note that early diagnosis of the condition enables effective intervention and support; however, classical methods of diagnosis depend on clinical evaluations which are often slow and subjective. The purpose of this research is to develop an automated autism behavioral detection system that utilizes MTCNN (Multi-task Cascaded Convolutional Neural Network). The suggested system monitors facial expressions, eye movements, and other body language to determine behaviors typical of autism. This method is very efficient and convenient because it combines modern deep learning methodologies with non-invasive and convenient procedures to allow young children's ASD detection screening. The goal of the system is to help as many guardians and specialists as possible so they could notify children about the related features of ASD in order to facilitate swift clinical investigation. The suggested model takes images as input and identifies critical components of the face to ascertain behavioral characteristics of autism. The model classifies and evaluates facial expression photos using deep learning for precise outcome. This system differs from traditional diagnostic procedures in the sense that it lessens reliance on subjective evaluation and diminishes the resources required for the clinics. Using MTCNN avoids errors in detection of facial landmarks caused by traditional MTCNN face features extraction methods.

Key Words:Autism Spectrum Disorder (ASD), Early Detection, MTCNN Algorithm, Facial Expression Analysis, Deep Learning, Behavioural Assessment, Artificial Intelligence in Healthcare, Automated Screening.

1. INTRODUCTION

Autism Spectrum Disorder (ASD) is a complex condition related to the neurological development of an individual. It has social, behavioral, and communication-based implications. Its symptoms include problems with both verbal and non-verbal communication, physical movement patterns, and lack of socialization. Research suggests that the earlier an individual with ASD is identified the more effective the intervention is. It allows the child to receive targeted intervention at an important period of growth. Unfortunately, conventional methods of diagnosing ASD depend on clinical observation, parental interviews, and the evaluation of behavior which tend to differ from their objective standards and require great amounts of time to obtain. There is a clear need for better methods which can ensure timely identification of the ailment and can be accessed easily. Due to the growth of artificial intelligence (AI) and deep learning, today's diagnostic systems are able to use facial expression and behavioral analysis together with machine learning algorithms to develop an integrated solution for screening patients.

The research proposed an AI-powered ASD detection system using Multi-task Cascaded Convolutional Neural Networks (MTCNN) for facial expression analysis together with structured test-based behavioral assessments. The dataset serves both images and test-based responses enabling the model to coalesce visual analysis and behavioral data for a more suitable classification of ASD-related traits. The MTCNN pipeline does face detection, landmark extraction, and analysis of non-verbal cues, while features evaluated include eye contact, gaze direction, movement of the mouth, and symmetry of the face. Structured test assessments would parallel provide insights into cognitive and social behaviors, thus yielding more supporting inputs into the process of improving diagnostic accuracy. By fusing the two sets of data together-the image and test based-the system aims to fill in the gap between clinical ASD diagnosis and AI-powered automating detection, thereby providing a much more expansive, non-invasive, and scalable solution.

This system follows a structured pipeline of image acquisition, image preprocessing, facial features extraction, behavioral analysis based on tests, classification, and finally, risk assessment of an individual to be diagnosed with ASD. The system combines visual hints and a behavioral assessment, meaning this hybrid approach lowers the misdiagnosis rate and improves the overall accuracy of screening. The informational value a test-based assessment adds increases the reliability of the model, since behavioral traits are frequently paired with visual indicators to diagnose ASD. The research makes a contribution toward AI innovation in healthcare and also paves the way for further improvements in real-time analysis of video, multimodal integration (speech, movement, face), and applications for mobile screening. This solution aims to provide across-the-board early and accurate diagnosis of ASD in fairly accessible settings that support timely intervention strategies in their lives for the quality of living of individuals with autism.

2. LITERATURE REVIEW

[1] In 2022, Bala et al. examined several machine learning models which aid in early detection of autism spectrum disorder to increase ASD diagnosis away with efficiency and accuracy. The probable effectiveness of various algorithms within the context of decision trees and support vector machines (SVMs) using the modeling and design of clinical and behavioral assessments was done with a view to differentiate the closures with ASD from neurotypicals. The results suggest that, in the finished products, machine learning is an additional tool for practitioners of various characteristics to speed up and facilitate screening practices. It further posited that larger and more diverse datasets should be sought after so that those reliability and their capital in clinical settings could be raised. The inclusion of machine learning in diagnosing ASD will substantially lessen the faith in subjective

evaluations whilst possibly replacing these with early treatments that might carry an impact on further growth. Still, it poses an opportunity where technology-influenced ASD recognition could be deemed useful concerning fixated proceedings receiving consideration in disparities on its diagnostic notion of accessibility, particularly from lesser-resourced places with limited professional access. AI-assisted screening therefore becomes an extension of ancient methods of diagnosis for quicker, wider, and cavernous comprehension of the early demise brought on by the ASD situation.

[2] Sreedasyam and others (2017) propose Aarya, a kinesthetics companion robot, which is intended for aiding children with autism spectrum disorder (ASD) in developing proper social and motor skills through interactive participation. The robot engages children in structured physical routines while providing tactile and kinesthetics feedback so that they can learn to follow instructions, cue responses, and build motor coordination. Kinesthetics learning being one of the domains providing support to children with ASD, based on engagement in a non-threatening interactive way, Aarya is so designed. Trials have shown that children responded positively to the friendly design of the robot and its repetitive exercises, thus providing improvements in focus, attention, and social interaction. The study reports on the potential of Aarya as a therapeutic tool for intervention in ASD, providing a way for skill development that is engaging as well as personalized. The authors recommend designing Aarya along with further research and technological refinement so that robotic companions could really be integrated into daily therapy, thus enhancing the traditional approaches of treating children with ASD.

[3] In 2021, Subah et al. conducted a study to develop a neural architecture for predicting autism spectrum disorder (ASD) using multisite resting-state fMRI data. This approach evaluates connectivity patterns in the brain, independent of ASD, while the person itself does no specific task. This was achieved using the model of deep learning trained on multisite fMRI data collected from several sites, which provides better guarantee that the model captures as many patterns of brain activity related to autism as possible while using convolutional neural networks to seize complex patterns in the fMRI data to improve prediction accuracy and create a scalable system for autism identification. With promising accuracy, the study manifests that the deep learning model may differentiate between ASD and neurotypical fMRI brain patterns, thus providing a good scope for fMRI-based machine learning for noninvasive ASD diagnostics. The convergence of multiple data added robustness to the model; hence it can be applied to wider clinical usages. Hence, this would minimize dependence on subjective diagnostic methods and potentially provide consistent, data-driven support which may allow for earlier autism detection. The aspiration is to optimize it further in future exploration and fit it into the clinical workflow for better ASD diagnostics and intervention strategies.

[4] In their review, Kollias et al. systematically investigate the application of machine learning and eye-tracking technology to researching autism spectrum disorder (ASD) with hopes of improving diagnostic accuracy and understanding the condition. The authors looked over works employing

tech to study gaze direction, attention, and visual processing in people with ASD and those neurotypical. The review gathered information from so many works and investigated how eye-tracking can disclose different gaze profiles with those who are neurotypical going to eye interactions. Such differences provide insight into the difficulties with social interaction. The infusion of machine learning algorithms with eye-tracking data is brought into consideration as an unfolding pathway for automated diagnostic tools. This once again highlights this review combining eye-tracking with machine learning. The authors indicate that these newly created markers would be more objective and reliable in diagnosing ASD. They further point out the following: there still exist important challenges, which include a need to rely on large and diverse datasets to increase model robustness and generalizability. Essentially, the authors advise building a template and working toward the application of the technology in clinical practice so it can apply itself for the early detection of autistic children. In short, this paper gives an overview of other sorts of approaches in contribution to psychiatry development and diagnose a rear detail for autism further ahead.

[5] Predicting visual features from Text for image and video caption retrieval-Video captioning has gained considerable attention in recent years due to the rapid proliferation of online video content and the need for automated systems to generate meaningful textual descriptions. Early approaches primarily relied on deterministic models that generated a single caption based on visual input, often failing to capture the inherent variability and complexity of how different individuals interpret the same video. As a result, recent advancements have increasingly embraced deep learning techniques, particularly encoder-decoder architectures that leverage Convolutional Neural Networks (CNNs) for visual feature extraction and Recurrent Neural Networks (RNNs), such as Long Short Term Memory (LSTM) networks, for sequential language modeling. Despite their effectiveness, these traditional models often produce deterministic outputs, limiting their ability to reflect the multifaceted nature of video content and subjective interpretations.

[6] In a 2019 study, Abirami, Kousalya, and Karthick focus on identification and analysis of the skills of facial expressions in autistic children in a contactless atmosphere. The Researchers develop a system by which, with complex image processing techniques, way for detection and classification of facial expressions and without physical contact. Such an approach is of utmost importance to these children, as they often pose problems in social interaction and communications. With the help of machine learning algorithms and techniques of computer vision, this paper strives to provide a robust means to understand the emotional responses in children with ASD and subsequently provide an improved way to monitor and support their emotional well-being. This paper concludes by stating that the system shows capability of efficiently identifying and analyzing expressions of facial speech in autistic children, which can later be further developed as a tool for their parents and different therapists. Thus, evaluation of different states of emotion could be done in a non-intrusive way, leaving more options during therapy ses-

sions and promotion of individualized strategies of communication among autistic children. The authors recommend its blending into the framework through which therapeutic techniques may be practiced, aiding emotional recognition and expression in the child through heavy input on the ASD spectrum. Overall, the study suggests that contactless facial expression analysis could improve understanding and counseling to children with ASD greatly.

2. PROBLEM STATEMENT

Autism spectrum disorder ASD refers to a complex neurodevelopment condition which impacts the quality of communication, social interaction, and behavioral patterns. Early recognition of ASD is critical, as early intervention may improve an individual's cognitive, emotional, and social development, making these individuals better integrated into society. Traditional means of diagnosing ASD rely primarily on clinical observations, parental questionnaires, and standardized behavioral assessments; such methods are often subjective, extremely time-consuming, and require intensive training. The absence of automation in present diagnostic methods creates a bottleneck for early detection, delaying the benefits of timely intervention to an individual, in turn affecting their developmental progress negatively. In many other areas, access to specialized diagnostic services remains limited, hence it becomes quite problematic for individuals to receive accurate diagnoses in time; especially hard-hit are those in underprivileged or rural areas.

Uniquely, the manifestations of assumed ASD symptoms differ significantly from one individual to another, hence actual defining of a universal screening protocol for accurate diagnostics is not easy across ages, cultural divides, or severity levels. The above-mentioned issues create a great need to implement automated means with an objective and practical approach that would minimize replacement by subjective human evaluation for filtering candidates for ASD. In accordance with this rationale, the work is aimed at developing an AI-powered screening tool combining automatic facial expression analysis using MTCNN with structured test-based behavioral assessment.

It integrates computer vision and deep learning techniques for identifying non-verbal behavioral markers, including eye contact, facial expressions, and micro-expressions, which are believed to be characteristically altered in patients with ASD, coupled with structured tests to supplement quantified data on subject behavior for overall enhanced diagnostic accuracy. This amalgamated system seeks to increase autism detection accuracy so it reduces the dependence on manual evaluation and indeed, enable wider access in society to this screening. This non-invasive, economical, and easy-to-scale solution may be absorbed by clinicians and caregivers along with educators, ensuring that timely intervention is given to those at risk of developing ASD

4. PROPOSED SYSTEM

This system begins with an image acquisition step where the child's face is taken in an image form. The image is pre-processed and enhanced for clarity. Features indicating traits

related to autism are extracted through MTCNN, which detects key facial landmarks. Simultaneously cognitive and social behaviors are performance tested in structured test-based assessments, giving insight into diagnostic purposes. The data obtained is passed through a classification model based on deep learning, often picking the likelihood of autism based on all this provided data. Finally, what comes out in the end is the risk assessment score that will help parents, caregivers, and clinicians recognize the initial signs of autism spectrum disorder. This hybrid approach ensures improved diagnostic accuracy and intervention timely that enhances the scope of development in children with autism.

Key Features:

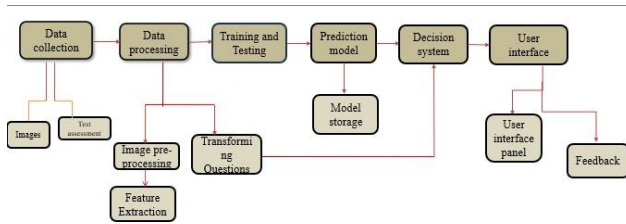
1. Utilizes test-scoring behavioral assessment-This combines cognitive and social screening tests to achieve a more complete diagnosis.
2. Hybrid model for better accuracy-Combines image-based and test-based assessments to improve reliability of detected findings.
3. Non-invasive and user-friendly-Only requiring a facial image and questionnaire responses, this is easy for caregivers and clinicians.
4. Fast screening and diagnosis that allow for real-time process.
5. Scalable and opens future integration-These could be adjusted to become mobile and web-based applications to accommodate a greater number of interviews and consultations.

ALGORITHM USED:

The Multi-task Cascaded Convolutional Neural Network (MTCNN) is a deep learning algorithm developed to accurately detect faces and to localize facial landmarks. The whole process is a cascade process of three stages applied to detect and refine facial features in a very efficient manner: Proposal Network: This network scans over the input image at various scales to produce candidate facial regions. Refine Network: Discriminates false positives while improving the accuracy of candidate face regions. Output Network: Here the model identifies and localizes facial features, like positioning of the eyes, alignment of the nose, and shape of the mouth. MTCNN recognizes subtle facial expressions, eye contact patterns, and micro-expressions that emerge critical indicators for performing behavioral analysis with respect to ASD. Real-time high-precision image processing capability shows that this work examines effectively non-intrusive and automated ASD screening through MTCNN.

SYSTEM ARCHITECTURE:

The block diagram in the report illustrates the algorithmic workflow of the system for ASD detection, which combines facial image analysis with behavioral test estimations. The system operates in a defined pipeline, allowing for thorough and unbiased diagnosis.



Input data collection: -

Type of Inputs Accepted by the System: Facial Images-Captured through a camera or uploaded by users. Behavioral assessments-Test concomitant questionnaires which assess cognitive and social behaviors.

Preprocessing Stage: -

The facial image goes through enhancement techniques such as noise reduction and normalization, making it lightweight for more precise identification of features. The test assessment data is structured and standardized so it can be analyzed.

Feature Extraction: -

Facial landmarks-seated eye contact, gaze direction, mouth movement-are amiably detected with the consideration of the MTCNN algorithm on the image. Based on the test assessment responses, a scoring system will effectively process and characterize the behavioral patterns associated with asd.

Classification and Analysis: -

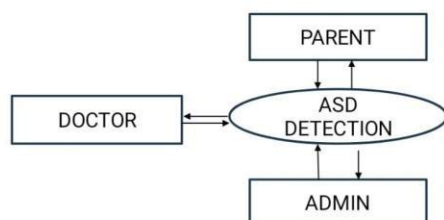
The specific facial features and the scoring of test assessments will be ultimately combined to enhance prediction accuracy. A deep-learning model will analyze both datasets and classify whether risk of the child is present for asd.

Output Generation: -

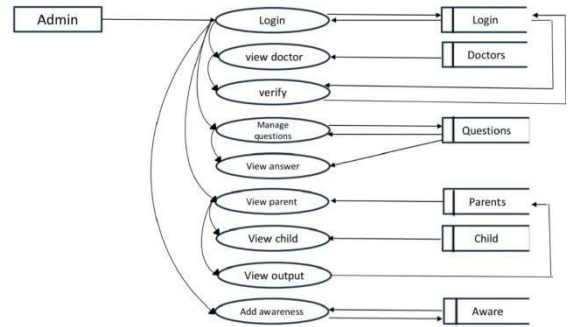
The developed system finally senses a likelihood score of risk for ASD. If the input so requires, the clinical evaluation follows. Let's face it. Feature Extraction:

Dataflow Diagram

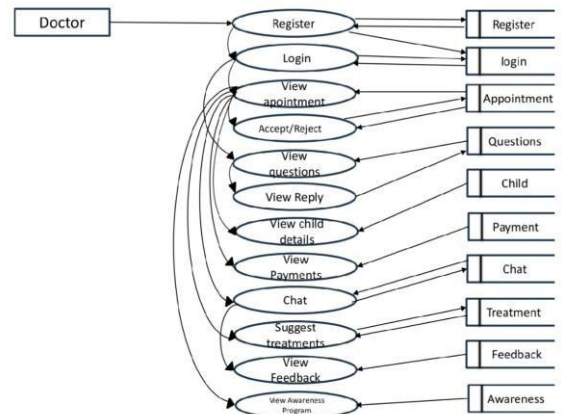
LEVEL 0



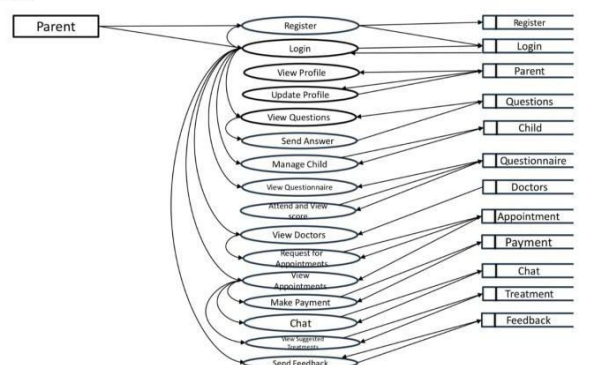
LEVEL 1



LEVEL 2



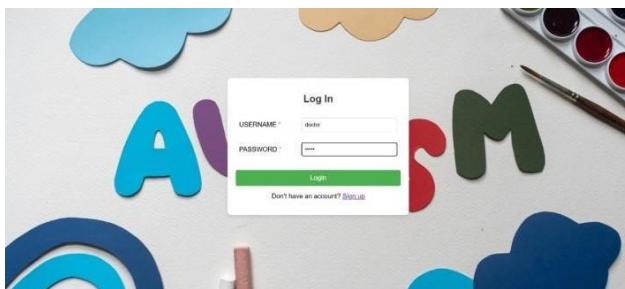
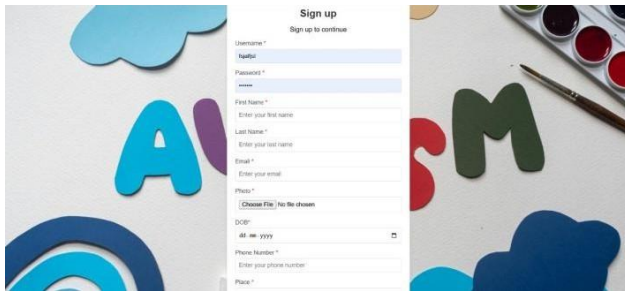
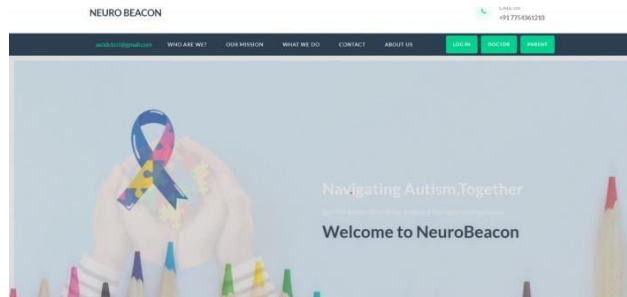
LEVEL 3



RESULTS AND DISCUSSION

The findings of this study validate that the devised Autism Spectrum Disorder (ASD) detection system, with the Multi-task Cascaded Convolution Neural Network (MTCNN) algorithm, efficiently detects prominent behavioral and facial characteristics linked to ASD. The system identifies facial expressions, eye contact, and other non-verbal behaviors effectively, generating an objective and non-invasive screening device for early ASD detection. The model was trained on a varied dataset to enhance its generalizability, and preliminary tests indicate high accuracy in distinguishing between ASD and neurotypical individuals.

In contrast to conventional screening, this method provides quicker and more reliable results, reducing the subjectivity inherent in caregiver-based measures. Moreover, the system's capability to analyze images and derive significant features allows for real-time analysis, which would greatly facilitate early intervention.



CONCLUSION:

The system makes it possible to detect ASD earlier and more precisely than through common methods, ensuring easier early detection. Based on real data such as images, speech, and caregiver ratings, the system accurately assesses ASD risk. It is online, and individuals around the world can use it easily, thus simplifying its scale for additional users. The system offers prompt feedback, negating the extended

waiting periods generally linked to ASD diagnoses. According to the findings, the system provides individualized recommendations to caregivers and parents for early intervention. It securely stores data in the cloud, which is readily accessible yet secure. The system can continue to improve as more data is accumulated, so it remains current with new advancements. The system can support healthcare professionals with a second opinion or validation of their diagnosis to enhance overall confidence in the output.

REFERENCES

- [1] M. Bala, M. H. Ali, M. S. Satu, K. F. Hasan, and M. A. Moni, "Efficient machine learning models for early stage detection of autism spectrum disorder," *Algorithms*, vol. 15, no. 5, p. 166, May 2022.
- [2] R. Sreedasyam, A. Rao, N. Sachidanandan, N. Sampath, and S. K. Vasudevan, "Aarya: A kinesthetic companion for children with autism spectrum disorder," *Journal of Intelligent & Fuzzy Systems*, vol. 32, no. 4, pp. 2971–2976, Mar. 2017.
- [3] F. Z. Subah, K. Deb, P. K. Dhar, and T. Koshiba, "A deep learning approach to predict autism spectrum disorder using multisite resting-state fMRI," *Applied Sciences*, vol. 11, no. 8, p. 3636, Apr. 2021.
- [4] K.-F. Kollias, C. K. Syriopoulou-Delli, P. Sarigiannidis, and G. F. Fragulis, "The contribution of machine learning and eye-tracking technology in autism spectrum disorder research: A systematic review," *Electronics*, vol. 10, no. 23, p. 2982, Nov. 2021.
- [5] S. P. Abirami, G. Kousalya, and R. Karthick, "Identification and exploration of facial expression in children with ASD in a contactless environment," *Journal of Intelligent & Fuzzy Systems*, vol. 36, no. 3, pp. 2033–2042, Mar. 2019.
- [6] C. Allison, B. Auyeung, and S. Baron-Cohen, "Toward brief red flags for autism screening: The short autism spectrum quotient and the short quantitative checklist in 1,000 cases and 3,000 controls," *Journal of the American Academy of Child & Adolescent Psychiatry*, vol. 51, no. 2, pp. 202–212, 2012.
- [7] M. D. Hossain, M. A. Kabir, A. Anwar, and M. Z. Islam, "Detecting autism spectrum disorder using machine learning techniques," *Health Information Science and Systems*, vol. 9, no. 1, pp. 1–13, Dec. 2021.
- [8] R. Abitha, S. M. Vennila, and I. M. Zaheer, "Evolutionary multi-objective optimization of artificial neural network for classification of autism spectrum disorder screening," *The Journal of Supercomputing*, vol. 78, no. 9, pp. 11640–11656, Jun. 2022.
- [9] K. S. Omar, P. Mondal, N. S. Khan, M. R. K. Rizvi, and M. N. Islam, "A machine learning approach to predict autism spectrum disorder," in *Proceedings of the International Conference on Electrical, Computer and Communication Engineering (ECCE)*, Feb. 2019, pp. 1–6.
- [10] B. Tyagi, R. Mishra, and N. Bajpai, "Machine learning techniques to predict autism spectrum disorder," in *Proceedings of IEEE Punecon*, Jun. 2019, pp. 1–5.