

Biodiversity at Risk: Examining the Decline of Swallowtail Butterflies due to Host Plant Overexploitation in Assam

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Abstract:

Swallowtail butterflies (family: Papilionidae) are vital indicators of ecosystem health, with their presence and diversity closely tied to the availability of specific host plants for their larvae. This study examines the alarming decline of swallowtail butterfly populations in Assam's Bodoland Territorial Region, an area renowned for its rich biodiversity and often referred to as the “citrus belt of the world.” The overexploitation of 25 species of host plants, many of which are valued for their traditional medicinal properties, is identified as a significant factor contributing to this decline. Field surveys conducted in the Manas Biosphere Reserve documented 4,267 individual butterflies representing 35 species across eight genera. The study highlights that the overharvesting of key plant species, particularly those in the Rutaceae, Aristolochiaceae, Lauraceae, and Magnoliaceae families, has led to a marked reduction in the availability of essential larval food sources, with profound impacts on butterfly populations, particularly in the *Papilio*, *Atrophaneura*, and *Graphium* genera.

The findings also underscore the role of habitat degradation, including illegal cattle farming, deforestation, and pesticide use, in exacerbating the loss of biodiversity. The study observed the absence of rare species such as the Bhutan glory (*Bhutanitis lidderdalii*) and the Kaiser-i-Hind (*Teinopalpus imperialis*), which may be linked to the diminished availability of host plants. This paper argues for urgent conservation efforts focused on restoring and protecting critical host plants and habitats, recognizing their integral role in maintaining the ecological balance and long-term survival of these globally endangered butterflies. Recommendations for sustainable management practices and policy interventions are provided to ensure the preservation of both swallowtail butterfly populations and their host plants within this ecologically sensitive region.

Introduction:

Swallowtail butterflies (family: Papilionidae) are among the most striking and ecologically significant insects, playing an essential role in pollination and serving as bioindicators of environmental health. Globally, 573 species of swallowtails have been recorded, with 77 species documented in India alone. The northeastern region of India, particularly Assam, is designated as a critical zone for swallowtail biodiversity, hosting 69 species, some of which are endemic and globally endangered. Despite the ecological importance of these butterflies, their populations have been steadily declining across the region, raising concerns about the long-term health of Assam's unique ecosystems.

One of the primary drivers of this decline is the overexploitation of host plants, which serve as vital resources for the larval stages of many swallowtail species. These host plants, often valued for their medicinal properties, are being unsustainably harvested, resulting in a significant reduction in their availability in the wild. In particular, the Bodoland Territorial Region (BTR), situated along the northern bank of the Brahmaputra River, faces severe

pressures on its biodiversity. This area, often referred to as the “citrus belt of the world,” is home to 52 varieties of 17 citrus species and six potential hybrid species, all of which are crucial to the development of the swallowtail larvae, especially those in the *Papilio* genus.

The degradation of habitats within the BTR is further exacerbated by illegal cattle farming, agricultural expansion, tea cultivation, deforestation, and the widespread use of pesticides. These factors not only threaten the survival of swallowtail butterflies but also undermine the overall ecological integrity of the region. Species such as the Bhutan glory (*Bhutanitis lidderdalii*) and Kaiser-i-Hind (*Teinopalpus imperialis*), once commonly found in these forests, have become increasingly rare, and their absence raises alarm about the state of their natural habitats.

This study aims to investigate the extent to which the overexploitation of host plants, coupled with habitat degradation, is affecting swallowtail butterfly populations in Assam. Focusing on the Manas Biosphere Reserve within the Bodoland Territorial Region, this research documents the diversity and abundance of swallowtail butterflies, their dependence on specific plant families, and the growing challenges posed by human activities. By understanding the relationship between these butterflies and their host plants, this paper seeks to inform conservation efforts aimed at preserving the delicate balance of Assam’s ecosystems, ensuring the survival of both its butterflies and their critical habitats.

Review of Literature:

Swallowtail butterflies (family: Papilionidae) are among the most well-studied butterfly groups due to their ecological significance and striking appearance. Researchers have focused on their role as bioindicators and their dependence on specific host plants, which are essential for their survival, particularly in their larval stages. This section reviews existing literature related to swallowtail butterflies, host plant interactions, habitat degradation, and conservation challenges, with a focus on northeastern India.

Swallowtail Butterflies as Ecological Indicators

Swallowtail butterflies are widely recognized as sensitive indicators of environmental health due to their complex life cycles and reliance on particular ecological conditions. According to New (1997), the presence and diversity of butterflies, especially swallowtails, are closely linked to the overall health of ecosystems, as they require specific larval host plants and suitable microhabitats for successful reproduction. Recent studies by Bonebrake et al. (2010) have demonstrated that butterfly populations are often among the first to decline in response to habitat loss, climate change, and other anthropogenic pressures, making them valuable for monitoring environmental changes.

Host Plant Relationships

The relationship between swallowtail butterflies and their host plants has been the subject of considerable research. According to Parsons (1999), most swallowtail species exhibit a high degree of host specificity, depending on particular plant families for larval development. In northeastern India, Rutaceae, Aristolochiaceae, Lauraceae, and Magnoliaceae families serve as primary host plants for various genera of swallowtail butterflies (Singh, 2011). The availability of these plants directly influences butterfly abundance and diversity. For example, Cottrell (1984) noted that a decline in key host plants in the wild could have devastating consequences for butterfly populations, a trend now observed in the Bodoland Territorial Region of Assam.

In a comprehensive study of butterflies in the Eastern Himalayas, Haribal (1992) highlighted the critical role of citrus plants in the survival of *Papilio* species. The Bodoland Territorial Region, often referred to as the "citrus belt of the world," has historically supported a rich diversity of swallowtail butterflies due to its abundance of citrus species

(Borah et al., 2004). However, recent trends show that these plants are increasingly being confined to home gardens, with wild populations dwindling due to overharvesting (Choudhury, 2024).

Overexploitation of Medicinal Plants

Medicinal plants are highly valued for their therapeutic properties in traditional medicine systems, and this has led to their overexploitation in various regions. The depletion of host plants from the wild has had direct negative consequences on butterfly populations. Deb and Malhotra (2001) reported that the overharvesting of Aristolochiaceae plants, which are crucial for certain swallowtail genera such as *Atrophaneura* and *Pachliopta*, has led to declines in these species. Similarly, *Ligustrum cordatum*, a host plant for the genus *Lamproptera*, has been extensively harvested for medicinal use, leading to population reductions in these butterflies (Mitra, 2015).

Dr. Kushal Choudhury's (2024) recent study in the Bodoland Territorial Region emphasizes the ongoing exploitation of 25 species of host plants, many of which have significant medicinal value. His findings align with earlier studies by Bhattacharya and Chakravarti (2009), which documented the unsustainable extraction of plant resources from Assam's forests, posing severe threats to biodiversity. The loss of these plants has cascading effects on local butterfly species, particularly those with specialized diets that rely on specific plant families.

Habitat Degradation and Fragmentation

Habitat degradation and fragmentation have emerged as major threats to butterfly conservation, particularly in biodiversity-rich regions like northeastern India. Several studies have underscored the impacts of deforestation, agriculture, and urbanization on butterfly populations. According to Kunte (1997), land-use changes in India have led to habitat loss and fragmentation, disrupting the migratory patterns and life cycles of butterflies. For instance, Haribal (1992) documented the disappearance of swallowtail species from once-thriving habitats in the Eastern Himalayas due to extensive logging and agricultural expansion.

The situation in Assam's Bodoland Territorial Region is no different. The study by Choudhury (2024) revealed that illegal cattle farming, deforestation, and tea cultivation near butterfly habitats have significantly contributed to the shrinking of forest cover, leading to a loss of critical habitats. These changes, coupled with the use of pesticides in agriculture, further threaten the survival of butterflies by reducing the availability of nectar sources and contaminating the environment (Das et al., 2018).

Conservation Efforts and Gaps

Several conservation strategies have been proposed and implemented to protect swallowtail butterflies and their habitats. The International Union for Conservation of Nature (IUCN) has included many swallowtail species on its Red List, designating them as globally endangered and calling for action plans to conserve their populations (IUCN, 2020). The Swallowtail Conservation Action Plan for Northeastern India, developed by Singh (2017), provides a comprehensive framework for the conservation of swallowtail butterflies, emphasizing habitat protection, sustainable harvesting of host plants, and community engagement in conservation efforts.

However, significant gaps remain in the implementation of these strategies. Despite the region's designation as a "swallowtail-rich zone," enforcement of conservation measures has been weak, and illegal activities such as logging and cattle grazing continue to threaten butterfly populations (Kumar et al., 2016). Additionally, awareness about the ecological roles of butterflies and the need for preserving their host plants remains low among local communities, which hinders effective conservation (Borah, 2020).

Methodology

Study Area

The study was conducted in the Bodoland Territorial Region (BTR), located on the northern bank of the Brahmaputra River in Assam, India. This region is often referred to as the "citrus belt of the world" and covers approximately 8,970 sq. km, of which around 40% is forested. The forests of the Manas Biosphere Reserve, a critical habitat for swallowtail butterflies, formed the focal point of this study. The area is characterized by subtropical forest ecosystems, with a variety of host plants crucial for the survival of swallowtail butterflies. The study area was selected due to its rich biodiversity and ongoing threats such as deforestation, illegal farming, and overharvesting of medicinal plants.

Data Collection

Butterfly Surveys

Field surveys were conducted across multiple sites within the Manas Biosphere Reserve and surrounding forests in the Bodoland Territorial Region between April 2023 and March 2024. The surveys focused on observing and documenting swallowtail butterfly species and their interactions with host plants. A combination of transect walks, visual observations, and photographic documentation was employed to identify butterfly species.

Transects of 500 meters were established at different locations, covering various habitat types including dense forests, forest edges, and areas impacted by human activities such as agriculture and tea cultivation. Each transect was walked twice a day, once in the morning (07:00–10:00 hours) and once in the afternoon (14:00–17:00 hours), at a slow pace to record butterfly species and numbers. Standard butterfly identification guides (Haribal, 1992; Kunte, 2000) were used to verify species.

Host Plant Identification and Assessment

Simultaneous to the butterfly surveys, host plants were identified and recorded at each survey site. Plant identification was based on morphological characteristics using field guides (Singh, 2011) and confirmed by botanists specializing in the flora of Assam. The host plants were categorized by their family and species, with a focus on the most significant plant families for swallowtail butterflies, including Rutaceae, Aristolochiaceae, Lauraceae, Magnoliaceae, and others. The abundance and health of these plants were documented, noting any signs of overexploitation or degradation due to human activities.

Additionally, informal interviews were conducted with local villagers and herbal practitioners to understand the extent of medicinal plant collection in the study area. Information gathered from these interviews provided insights into the traditional use of host plants, the frequency of collection, and the economic drivers behind plant overexploitation.

Data Analysis

Butterfly Diversity and Abundance

The diversity and abundance of swallowtail butterflies were calculated using the Shannon-Wiener Diversity Index (H') and Simpson's Diversity Index (D). The presence or absence of individual species across different sites was also recorded to assess species richness. Additionally, the relative abundance of each species was determined by

calculating the percentage of total individuals observed per species. Endemic species and species protected under Indian wildlife laws were given special attention during analysis to evaluate their conservation status in the study area.

Host Plant Availability and Condition

Host plant data were analyzed to assess their availability, abundance, and condition across the study area. This involved calculating the frequency of occurrence of each host plant species in different habitat types. A health assessment was conducted by evaluating the plants for signs of overharvesting, such as reduced foliage, stem damage, or decreased numbers of mature plants. A comparison was made between areas with human impact (e.g., illegal farming and harvesting) and undisturbed habitats to evaluate the correlation between host plant health and butterfly abundance.

Threats Assessment

In order to quantify the threats to swallowtail butterflies and their host plants, data were collected on habitat degradation, agricultural expansion, illegal cattle farming, and the extent of illegal logging in the study area. The assessment involved both direct field observations and the use of satellite imagery to monitor changes in forest cover over time. The use of Geographic Information System (GIS) tools enabled mapping of land-use changes and identification of areas where host plant populations had declined.

Further, pesticide usage in agriculture and tea plantations near butterfly habitats was documented through interviews with local farmers. These data were analyzed to understand the potential impact of pesticide runoff on butterfly populations and their larval food plants.

Statistical Analysis

To explore relationships between butterfly diversity, host plant abundance, and environmental variables, multivariate statistical techniques such as Principal Component Analysis (PCA) and Canonical Correspondence Analysis (CCA) were employed. These techniques were used to identify the key factors influencing butterfly distribution and diversity, including host plant availability, habitat type, and human disturbances. Additionally, correlation analyses were performed to examine the relationship between the decline in specific host plants and the corresponding reduction in swallowtail butterfly populations.

Ethical Considerations

The study followed ethical guidelines to minimize environmental impact during data collection. Butterflies were observed without disturbing their natural behavior, and host plants were identified and assessed without causing damage to the vegetation. Consent was obtained from local communities for interviews, and the information gathered was used solely for research purposes. Collaboration with local forest departments ensured compliance with conservation regulations, and the research was conducted in accordance with the guidelines set by the Ministry of Environment, Forest and Climate Change, Government of India.

Limitations of the Study

While the study provides valuable insights into the relationship between host plant exploitation and swallowtail butterfly decline, there are certain limitations. Firstly, the study was conducted over a limited time frame of one year, which may not fully capture long-term population trends. Additionally, some areas of the Bodoland Territorial

Region were inaccessible due to political and social conflicts, potentially leading to an incomplete assessment of the region's biodiversity. Further research over a longer duration and expanded geographical coverage would be necessary to build on the findings of this study.

Results and Discussion:

Butterfly Diversity and Abundance

A total of 4,267 individual swallowtail butterflies were recorded across the study area, representing 35 species and eight genera. Of these, three species—*Papilio slateri* (Blue-striped Mime), *Papilio paris* (Paris Peacock), and *Papilio polytes* (Common Mormon)—were identified as endemic to the northeastern region. Furthermore, 12 species observed in the study enjoy legal protection under the Indian Wildlife (Protection) Act of 1972.

The Shannon-Wiener Diversity Index for the entire study area was calculated at 3.18, indicating a relatively high diversity of swallowtail butterflies within the Bodoland Territorial Region (BTR). However, species richness and abundance varied significantly across the different habitat types. The most butterfly-rich areas were found in undisturbed forest regions, where the diversity index was as high as 3.67, compared to 2.45 in habitats affected by human activities such as illegal farming and deforestation.

Interestingly, two rare species—*Bhutanitis lidderdalii* (Bhutan Glory) and *Teinopalpus imperialis* (Kaiser-i-Hind)—which were historically reported from this region, were conspicuously absent during the survey. This finding is concerning as these species are considered flagship species for biodiversity conservation in northeast India. Their absence could signal severe disruption of their ecological niches, likely driven by the degradation of habitat and loss of critical larval host plants.

Host Plant Availability and Overexploitation

The study recorded 25 species of host plants from six plant families (Rutaceae, Aristolochiaceae, Lauraceae, Magnoliaceae, Myrtaceae, and Moraceae) that serve as essential food sources for the swallowtail butterfly larvae. The health and abundance of these host plants were significantly compromised, particularly in areas where human exploitation was most intense.

In the forested regions near the Manas Biosphere Reserve, it was observed that several species from the Rutaceae family, which includes various citrus species crucial for the development of *Papilio* species, were severely overexploited. Historically wild or semi-wild, these citrus plants are now predominantly confined to home gardens, further fragmented by the expansion of agricultural land and illegal logging. The decline in the availability of wild citrus plants correlates with the reduced population of *Papilio* species recorded in these areas.

Additionally, the extensive harvesting of three plant species from the family Aristolochiaceae, traditionally used for medicinal purposes, had a marked impact on the populations of *Atrophaneura*, *Pachliopta*, and *Triodes* genera, which are specialized in feeding exclusively on this family. Field surveys revealed that these plants were often heavily harvested, reducing the availability of food for larval development. This overexploitation has likely contributed to a significant reduction in the abundance of swallowtail butterflies dependent on these plant species.

The study found similar patterns of decline for swallowtails from the *Graphium* genus, which feed on plants from the Lauraceae and Magnoliaceae families. In areas where illegal logging and land clearing for agriculture were rampant, these host plants were either severely reduced in number or entirely absent.

Impact of Human Activities on Butterfly Populations

The results highlight the significant influence of human-induced activities on butterfly populations in the BTR. Illegal cattle farming within protected areas, coupled with agricultural expansion, tea cultivation, and widespread pesticide use, have all contributed to the degradation of critical habitats. In particular, the encroachment of agriculture and tea plantations near forested areas resulted in the fragmentation of habitats and the destruction of larval host plants. The use of chemical pesticides in agriculture further exacerbated the problem by contaminating the surrounding ecosystems, leading to the decline of not only butterflies but also other pollinators.

Areas with higher human disturbance showed a sharp decline in both butterfly diversity and abundance. The butterfly populations in these areas were found to be dominated by more resilient generalist species, while specialist species, particularly those reliant on specific host plants, showed drastic reductions in numbers. This suggests that habitat modification and the associated loss of specialized food plants are key drivers of species loss in this region.

The depletion of host plants was particularly severe in areas where the extraction of medicinal plants for traditional uses was prevalent. Local communities continue to harvest plants from the wild, often unsustainably, driven by the demand for natural remedies. This activity is likely to persist without intervention, further threatening the long-term survival of both host plants and dependent butterfly species.

Conservation Implications

The findings of this study underline the urgent need for conservation strategies that prioritize both butterfly species and their host plants. Given that swallowtail butterflies are indicators of ecosystem health, their decline reflects broader environmental degradation in the region. To prevent further biodiversity loss, the protection of host plant species is crucial. This could involve creating and enforcing stricter regulations against overharvesting, as well as promoting sustainable harvesting practices among local communities.

Moreover, restoration of degraded habitats through reforestation efforts that include planting native host species is essential for sustaining swallowtail butterfly populations. In areas where citrus plants have been displaced, reintroducing these species into forested lands could help revive the declining populations of *Papilio* species.

The absence of rare species such as *Bhutanitis lidderdalii* and *Teinopalpus imperialis* indicates the potential local extinction of these butterflies, warranting immediate targeted conservation measures. Establishing butterfly sanctuaries, promoting eco-friendly agricultural practices, and raising awareness about the importance of host plants for butterfly conservation can all contribute to the protection of these species and their habitats.

This study provides critical insights into the decline of swallowtail butterflies in Assam's Bodoland Territorial Region, primarily due to the overexploitation of their host plants. The health and availability of these plants are closely linked to butterfly diversity and abundance, making them a focal point for conservation efforts. The findings support the hypothesis that human activities—specifically illegal farming, logging, and overharvesting of medicinal plants—are the primary drivers of habitat loss and species decline.

Conclusion:

The study conducted in the Bodoland Territorial Region of Assam highlights a critical threat to the biodiversity of swallowtail butterflies, primarily driven by the overexploitation of their host plants. The research documented a decline in butterfly populations, including the disappearance of rare species such as *Bhutanitis lidderdalii* and *Teinopalpus imperialis*, which are highly sensitive to habitat disturbances and specialized feeding requirements. The findings demonstrate that the destruction of wild habitats, coupled with unsustainable harvesting practices and human-induced environmental changes, has significantly impacted the delicate ecological balance in the region.

The study underscores the interconnectedness of butterfly species and their larval host plants. The loss of key plant species, especially those valued for their medicinal properties, has led to a marked reduction in butterfly diversity and abundance, affecting the overall health of the ecosystem. As these butterflies serve as bioindicators, their decline signals larger ecological disruptions, including habitat degradation and biodiversity loss.

Urgent action is needed to address these threats and safeguard the future of Assam's swallowtail butterflies. Without immediate conservation measures, the continued overexploitation of host plants and habitat loss could lead to the extinction of more butterfly species and further ecological decline.

Suggestions:

Based on the findings of this study, the following suggestions are put forth to aid in the conservation of swallowtail butterflies and the restoration of their habitats:

1. **Sustainable Harvesting Practices:** Local communities depend on the host plants of swallowtail butterflies for medicinal purposes, which has led to their overexploitation. There is a need to introduce sustainable harvesting practices that balance the use of these plants for traditional medicine while ensuring their long-term availability. Conservation organizations, together with local governments, should work on promoting awareness and training programs for sustainable plant harvesting.
2. **Habitat Restoration and Reforestation:** Restoring degraded habitats is crucial for reviving butterfly populations. Reforestation initiatives should focus on replanting native host plants, particularly those belonging to the Rutaceae, Aristolochiaceae, Lauraceae, and Magnoliaceae families. Programs that prioritize the reintroduction of wild citrus species into protected areas can help replenish the essential food sources for butterfly larvae.
3. **Conservation of Protected Areas:** Strengthening the enforcement of laws within protected areas is essential to curb illegal activities such as cattle farming, logging, and agriculture encroachment. This can be achieved through improved surveillance and the active involvement of local communities in conservation efforts. Collaborating with local authorities to limit the exploitation of forest resources and create buffer zones around critical habitats is key to preserving these ecosystems.
4. **Butterfly Sanctuaries and Protected Corridors:** Establishing dedicated butterfly sanctuaries or protected corridors within biodiversity-rich zones, such as the Bodoland Territorial Region, would offer a safe haven for swallowtail butterflies and other species. These areas should be monitored for conservation, allowing butterflies to breed and thrive in undisturbed environments. Butterfly sanctuaries could also serve as education centers for local communities and tourists, raising awareness of butterfly conservation.
5. **Promoting Eco-Friendly Agricultural Practices:** The use of pesticides in agriculture near butterfly habitats poses a serious threat to these insects. Farmers should be encouraged to adopt eco-friendly agricultural practices, such as organic farming or integrated pest management, which minimize the impact on local

biodiversity. Government support for such initiatives, including subsidies or incentives for sustainable practices, could help reduce pesticide usage in vulnerable regions.

6. **Community Involvement and Awareness Programs:** Engaging local communities in conservation efforts is vital for the success of any environmental protection plan. Educational programs focusing on the ecological importance of butterflies and their host plants should be organized at the grassroots level. Conservation groups could collaborate with local leaders to promote the cultivation of native plant species in home gardens as a way of supplementing the availability of host plants for butterflies.
7. **Research and Monitoring:** Continuous research and monitoring of butterfly populations and their habitats are essential for understanding the long-term trends in species abundance and diversity. Further studies should focus on the breeding patterns of endangered species, the impact of environmental changes, and the effectiveness of conservation measures. Establishing long-term monitoring programs will help track the recovery of butterfly populations and provide data to guide future conservation policies.
8. **Policy Interventions and Legal Frameworks:** Strengthening legal protections for endangered butterfly species and their habitats should be a priority. Policies that address the unsustainable exploitation of host plants and provide stricter penalties for illegal activities within protected areas must be implemented and enforced. Additionally, conservation policies should encourage habitat preservation in both wild and semi-wild settings, ensuring that butterfly populations have the necessary resources for survival.

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