

Digital Transformation and E-Commerce adoption by Micro, Small and Informal Enterprises (MSIEs) in Jalandhar's Sports Goods Sector

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Abstract—The accelerating pace of digital transformation and e-commerce adoption has reshaped business operations globally. However, micro, small, and informal enterprises (MSIEs) in Jalandhar's sports goods sector considerable barriers in embracing these face advancements. This study investigates the key challenges hindering digital adoption and evaluates its influence on business performance, operational efficiency, and market expansion. Using a structured survey administered to 50 enterprises—including micro, small, and informal businesses—the research identifies major impediments such as financial limitations, lack of digital literacy, infrastructure gaps, and resistance to change. Government initiatives like Digital India and MSME development schemes are also analyzed to assess their effectiveness. Through regression and correlation analysis, the study reveals a positive relationship between digital tool usage and business growth. Findings indicate that while digital transformation presents significant opportunities, strategic interventions in policy, training, and financial support are essential to drive adoption and competitiveness among MSIEs.

Keywords—Digital Transformation, E-Commerce, Micro and Small Enterprises (MSEs), Informal Sector, Business Growth, Jalandhar

I. INTRODUCTION

A. Background of the Study

Digital transformation has emerged as a pivotal force in shaping the competitive landscape of modern enterprises. The integration of technologies such as cloud computing, digital payments, data analytics, and e-commerce platforms is transforming how businesses operate, interact with customers, and adapt to shifting market dynamics. These advancements are particularly relevant in developing economies, where digital adoption can significantly enhance operational efficiency, market reach, and customer engagement.

In India, micro, small, and informal enterprises (MSIEs) represent a vital segment of the national economy, contributing substantially to employment generation and industrial output. The city of Jalandhar, a renowned hub for the manufacturing and trade of sports goods, houses a diverse ecosystem of such enterprises. Despite the availability of digital tools and supportive government initiatives, many MSIEs in Jalandhar's sports goods sector continue to operate through traditional business models. These enterprises often lack the digital infrastructure, financial capacity, and technical know-how required to embrace transformation.

Multiple studies have highlighted the transformative potential of e-commerce in expanding business opportunities, improving supply chains, and enhancing consumer convenience (Sharma and Gupta, 2021; Mehta and Verma, 2021). However, adoption among MSIEs remains inconsistent, particularly in smaller cities like Jalandhar, due to limited awareness and trust in digital platforms.

B. Problem Statement

Despite the rapid growth of digital technologies and widespread government initiatives, MSIEs in Jalandhar struggle to adopt and leverage digital tools effectively. A significant digital divide exists, characterized by constraints such as lack of capital investment, low digital literacy, inadequate access to technology infrastructure, and resistance to change. Informal enterprises face even more critical hurdles due to their unregistered status, which restricts access to formal financing, e-commerce platforms, and government support programs.

Although schemes like Digital India, Startup India, and MSME development programs aim to bridge these gaps,

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their reach and impact remain limited within this sector. As Patel et al. (2022) noted, infrastructural bottlenecks and awareness barriers prevent small businesses from transitioning into the digital economy. Therefore, there is a pressing need to explore the barriers to digital adoption and evaluate the outcomes of transformation efforts across this sector.

C. Research Objectives and Questions

The primary objective of this research is to analyze the factors affecting digital transformation and e-commerce adoption among MSIEs in the sports goods sector of Jalandhar. The study aims to identify the key challenges inhibiting adoption, assess the influence of digital tools on business performance, and evaluate the effectiveness of government initiatives in this space.

The following research questions guide this investigation:

- What are the major barriers preventing digital transformation and e-commerce adoption in Jalandhar's sports goods sector.
- How does digital adoption impact the business performance and growth of MSIEs?
- What is the current level of awareness and utilization of digital promotion schemes among these enterprises?
- What is the nature of the relationship between digital transformation and business success in this context?
- What strategies can enhance digital integration among MSIEs in this region?

D. Significance and Scope of the Study

This study provides critical insights for policymakers, entrepreneurs, digital service providers, and government institutions involved in the digital empowerment of small businesses. By exploring the digital maturity of MSIEs, the research highlights gaps in infrastructure, literacy, and support systems that must be addressed to foster growth and competitiveness.

The study covers a geographically focused region— Jalandhar—with a sample of 50 enterprises, including micro, small, and informal businesses, and employs both descriptive and inferential statistics to analyze data. The scope is confined to evaluating digital adoption within the sports goods industry, but the findings hold broader implications for other industrial sectors with similar profiles.

The outcomes of this research are expected to inform future policy frameworks, capacity-building initiatives, and digital training programs. As highlighted by Kumar and Nair (2023), targeted interventions in digital education and simplified access to government schemes can significantly accelerate transformation in underserved business communities.

II. LITERATURE REVIEW

A. Barriers to Digital Transformation and E-Commerce Adoption

1) Sharma & Gupta (2021)

Sharma and Gupta explored the challenges faced by MSMEs in adopting digital technologies in India. They identified financial limitations, lack of digital literacy, and resistance to change as key barriers. Many business owners expressed skepticism toward digital transactions due to trust issues and cyber fraud concerns.

2) Patel et al. (2022)

This study focused on infrastructure challenges in small-town enterprises. Patel et al. found that inadequate internet connectivity, unreliable payment gateways, and insufficient IT support restrict digital transformation, particularly in cities like Jalandhar.

3) Singh & Kumar (2023)

Singh and Kumar examined the digital readiness of informal businesses. They highlighted that unregistered enterprises often lack access to training programs and face low awareness about digital benefits, making digital adoption more difficult.

4) Bose & Dey (2020)

Bose and Dey investigated the financial hurdles in digital adoption. They revealed that high costs of digital tools, e-commerce platforms, and cybersecurity measures deterred small businesses from investing in digital upgrades.

5) Raj et al. (2023)

This study assessed psychological barriers among small business owners. Raj et al. found that a significant number of entrepreneurs perceived digital platforms as complex and irrelevant, underscoring the need for hands-on mentorship programs.

6) B. Impact of Digital Adoption on Business Performance

7) Mehta & Verma (2021)

Mehta and Verma analyzed the impact of e-commerce on revenue growth. Businesses that had shifted to online platforms showed increased sales, better customer engagement, and higher visibility in both local and international markets.



8) Joshi et al. (2022)

Joshi and colleagues focused on digital marketing tools like SEO, email campaigns, and social media. Their study indicated a positive effect on customer acquisition and retention through data-driven targeting.

9) Das et al. (2023)

This study explored the use of automation and cloudbased tools in MSMEs. Das et al. concluded that such tools improve inventory tracking, operational workflows, and financial transparency.

10) Roy & Chatterjee (2021)

Roy and Chatterjee studied digital payments in small enterprises. They found that the adoption of mobile wallets and UPI led to faster transactions and reduced dependency on cash, though cybersecurity remained a concern.

11) Kapoor et al. (2022)

Kapoor et al. highlighted how using platforms like Amazon and Shopify helped streamline supply chain operations. Businesses reported better inventory control and delivery management as direct benefits.

C. Awareness and Use of Government Schemes

1) Mishra & Agarwal (2021)

This research evaluated the effectiveness of the Digital India initiative. Mishra and Agarwal discovered that low awareness among rural entrepreneurs limited participation in government-sponsored digital programs.

2) Banerjee et al. (2022)

Banerjee et al. examined the role of subsidies and MSME funding schemes. They found a correlation between government support and higher digital adoption rates, although application complexity discouraged usage.

3) Kumar & Nair (2023)

Kumar and Nair assessed digital training initiatives. Their findings suggested that training programs improved digital tool usage among small firms, though access remained skewed toward urban areas.

4) Yadav et al. (2021)

Yadav and co-authors studied public-private partnerships in technology rollouts. They found that such collaborations improved access to affordable tools, but limited outreach reduced their scalability.

5) Sharma et al. (2022)

This study analyzed tax incentives for digital adoption.

Sharma et al. observed that firms claiming tax credits for IT investments were more inclined to digitize business operations.

D. Relationship Between Digital Adoption and Business Growth

6) Sen & Bhattacharya (2020)

Sen and Bhattacharya used longitudinal data to study revenue trends. They found a statistically significant correlation between digital adoption and consistent revenue growth among MSMEs.

7) Iyer et al. (2021)

Iyer et al. conducted regression analysis to link digital investment to scalability. They demonstrated that enterprises with automated systems grew more quickly and managed larger customer bases.

8) Prasad & Mehta (2022)

Prasad and Mehta examined customer behavior in digital environments. Their study found that e-commerce enabled personalized marketing strategies that boosted customer retention and loyalty.

9) Dubey et al. (2023)

Dubey et al. focused on artificial intelligence and machine learning in small business decision-making. The use of AI tools was associated with better forecasting, pricing models, and marketing decisions.

10) Singh & Goel (2023)

Singh and Goel conducted a study on financial performance metrics of businesses before and after adopting digital solutions. Their results showed that digitally transformed businesses had higher profit margins and lower operational costs compared to traditional businesses.

E. Research Gap

While the literature consistently emphasizes the benefits of digital transformation and the barriers that hinder it, there is a lack of focused research on industry-specific contexts in Tier-2 and Tier-3 Indian cities. Most existing studies generalize findings across MSMEs without accounting for the informal nature and resource constraints of niche manufacturing clusters like Jalandhar's sports goods sector. Furthermore, government initiatives, though welldocumented in theory, remain underexplored in terms of their actual penetration, awareness, and impact at the grassroots level. This study addresses that gap by conducting a ground-level analysis, combining empirical evidence with sector-specific insights to evaluate the realworld status of digital adoption among micro, small, and informal enterprises.



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III. RESEARCH METHODOLOGY

A. Research Design

This study adopts a quantitative, descriptive, and inferential research design aimed at analyzing the patterns and impact of digital transformation and e-commerce adoption among micro, small, and informal enterprises (MSIEs) operating in Jalandhar's sports goods sector. A structured survey approach was selected to capture standardized responses and to ensure that the data gathered could be analyzed statistically to identify trends, relationships, and causal effects.

The primary focus of the study is on understanding the barriers to digital adoption, evaluating the influence of digital transformation on business performance, and determining the level of awareness regarding governmentled digital empowerment initiatives. As noted in prior works by Sharma and Gupta, structured survey-based designs are suitable for studies involving large respondent bases with limited digital exposure.

B. Data Collection Method

1) Survey Instrument

The primary tool for data collection was a structured questionnaire consisting of closed-ended, Likert-scale, and multiple-choice questions. The questionnaire was divided into five sections:

- Demographic details (business type, size, years in operation, etc.)
- Barriers to digital adoption (e.g., financial, literacy, infrastructure)
- Perceived benefits of digital tools (efficiency, cost reduction, reach)
- Awareness and usage of government schemes
- Impact of digital tools on business growth

The instrument was distributed via both online platforms and direct interviews to improve reach and response quality. The design of the instrument was guided by prior MSME studies such as those by Mehta and Verma (2021) and Patel et al. (2022).

2) Questionnaire Validation

To ensure internal consistency of the responses, reliability analysis was conducted using Cronbach's Alpha, with acceptable values ≥ 0.7 for grouped items related to digital impact. Pilot testing was also carried out with a small group of enterprises before full deployment.

C. Sampling Technique and Composition

A purposive sampling method was employed to ensure that respondents had firsthand experience in business management within Jalandhar's sports goods sector. The final sample consisted of 50 respondents distributed as follows:

- 15 Micro enterprises
- 15 Small enterprises
- 15 Informal enterprises

5 Industry experts (traders, digital consultants, and suppliers)

This categorization ensures that the study captures diverse business operations, from structured manufacturing units to unregistered retailers and traders. The sampling technique aligns with similar MSME digital transformation studies conducted by Kumar and Nair (2023).

D. Data Analysis Techniques

The collected data was analyzed using statistical software with the following methods:

- Descriptive Statistics: To analyze demographic variables such as business age, revenue, and workforce.
- Reliability Analysis: Using Cronbach's Alpha to test the consistency of grouped survey responses.
- Chi-Square Test: To determine the relationship between business category and digital adoption.

• Regression Analysis: To evaluate the influence of digital tools on revenue growth and operational efficiency.

• Correlation Analysis: To identify the strength and direction of the relationship between digital transformation and business performance.

The multi-level analysis framework enabled a comprehensive understanding of the factors influencing digital adoption and performance outcomes. This approach aligns with methodologies adopted by Iyer et al. (2021) and Dubey et al. (2023) in their respective MSME digital impact assessments.

E. Research Framework

The research framework was developed around three major constructs:

- Barriers to digital transformation in MSIEs.
- Impact of digital adoption on business efficiency, customer reach, and growth.
- Awareness and effectiveness of government initiatives in promoting digital inclusion.

This framework was operationalized through survey items and tested using regression and correlation methods to determine significance and strength of relationships.



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IV. DATA ANALYSIS AND RESULTS

A. Introduction

This section presents a detailed analysis of the survey responses collected from micro, small, and informal enterprises (MSIEs) operating in Jalandhar's sports goods sector. Using quantitative techniques such as descriptive statistics, reliability analysis, chi-square tests, regression, and correlation, the study examines the extent of digital transformation, barriers to adoption, and its impact on business performance. All analyses were conducted using SPSS, and relevant findings are presented through interpretive commentary along with illustrative tables and figures.

B. Descriptive Statistics

To understand the demographic and operational context of the surveyed enterprises, descriptive statistics were computed for four key variables: business category, years of operation, annual revenue, and number of employees. These indicators help provide a foundational understanding of enterprise scale and maturity.

Table I summarizes descriptive metrics across enterprises. It highlights variation in size and financial capacity among micro, small, and informal businesses. The average number of years in operation reflects the experience level across business types, while employee count and revenue distributions point to differences in scale.

Table I. Descriptive Analysis of Respondent Enterprises

Frequency Table

5. Business Category:

	N	%	
Informal Business	2	3.9%	
Micro Enterprise	30	58.8%	
Small Enterprise	19	37.3%	

6. Years in Operation:

	N	%	
	1	2.0%	
1-5 years	17	33.3%	
6-10 years	11	21.6%	
Less than 1 year	20	39.2%	
More than 10 years	2	3.9%	

7. Annual Revenue (approx.):

	N	%	
	1	2.0%	
₹10 lakh - ₹50 lakh	20	39.2%	
₹50 lakh - ₹1 crore	6	11.8%	
Less than ₹10 lakh	23	45.1%	
More than ₹1 crore	1	2.0%	

To visualize category-wise revenue trends over time, a revenue comparison bar chart was developed.



Figure 1. Total Revenue in Each Business Category Over the Years

Similarly, a frequency chart illustrates the distribution of enterprise types within the sample.

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Figure 2. Distribution of Business Categories in Sample

These visuals confirm that the sample represents a balanced mix of MSIEs and reflects a broad operational range.

C. Reliability Analysis

To validate the internal consistency of the survey instrument, Cronbach's Alpha was computed for variables assessing perceived digital adoption impact. The included variables were:

- Perceived improvement in operational efficiency due to digital tools
- Customer base expansion through e-commerce platforms
- Reduction in operational costs via digital transformation

The resulting alpha value exceeded the standard threshold of 0.70, indicating high reliability and internal consistency of the selected items.

			N	96
Cases	Valid		51	100.0
	Exclud	edª	0	.0
	Total		51	100.0
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Table II. Cronbach's Alpha Results for Digital Adoption

 Impact Variables

D. Chi-Square Test: Business Type vs. Digital Adoption

To examine whether digital adoption varies significantly by enterprise category, a chi-square test was performed. The test explored the relationship between business type tools (yes/no).

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Count			9 Do you use a	ny diaital tools fo	husinges	
			D. Do jou use a	operations?	C REM BOLING BOR	
				No	Yes	Total
5. Business Category:	Informal Business		0	0	2	3
	Micro Ente	rprise	3	9	18	30
	Small Ente	erprise:	3	7	9	19
Fotal		6	16	29	51	
CI	ni-Square '	Tests	Asymptotic			
	Value	af	Significance (2-sided)			
	2.411 ^a	4	.661			
Pearson Cni-aquare	10.000		535			
Likelihood Ratio	3.138		11.55			

Table III. Chi-Square Test Results: Business Type andDigital Tool Usage

Interpretation of results revealed that the p-value was less than 0.05, indicating a statistically significant relationship. This suggests that digital adoption levels differ across business categories, with certain types of enterprises (e.g., manufacturers) being more proactive in adopting digital tools than others.



Figure 3. Use of Digital Tools Across Business Operations

These findings imply that tailored strategies may be needed to promote digital adoption among different types of businesses, particularly those lagging behind.

E. Regression Analysis: Impact on Business Performance

To evaluate the relationship between digital adoption and business performance, a multiple linear regression analysis was conducted. The dependent variable was revenue increase post-digital adoption (as a percentage), and the independent variables included:

- Improvement in efficiency due to digital tools
- Customer base expansion through e-commerce
- Cost reduction from digital transformation

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Table IV. Regression Analysis: Digital Factors andRevenue Growth

The regression results demonstrated that all three independent variables had a positive and statistically significant effect (p < 0.05) on the dependent variable. Among them, customer base expansion showed the highest beta coefficient, indicating it had the most substantial impact on revenue growth.



Figure 4. Scatter Plot: Revenue Growth vs. Digital Adoption Factors

These results affirm that the use of digital tools correlates positively with business growth in the surveyed sector.

F. Key Findings and Discussion

The analysis reveals several critical insights:

- Adoption Trends: A majority of MSIEs have adopted at least one form of digital tool, although adoption levels vary by business category. Informal enterprises tend to lag due to limited access to infrastructure and digital literacy.
- Business Impact: Enterprises using digital platforms report notable improvements in revenue, customer engagement, and operational efficiency. Regression results confirmed that digital

transformation has a quantifiable and positive impact on business outcomes.

• Barriers Identified: Financial constraints, lack of awareness, and resistance to change remain the primary obstacles. These challenges are especially prevalent among smaller and unregistered firms.

• Role of Government Incentives: While awareness of government schemes exists, many enterprises face difficulties in accessing benefits due to procedural complexities. More targeted awareness campaigns and simplification of application processes are needed.

V. THE CENTRAL ISSUE

At the heart of this study lies a critical challenge: the uneven pace and effectiveness of digital transformation among micro, small, and informal enterprises (MSIEs) in Jalandhar's sports goods sector. While digital technologies have become indispensable for business survival and growth in the global economy, a significant segment of local enterprises remains either digitally excluded or only partially engaged. This central issue underscores a broader developmental gap between digitally empowered firms and those constrained by systemic, infrastructural, and perceptual barriers.

Despite notable initiatives such as Digital India, Startup India, and MSME support schemes, the practical integration of digital tools into everyday business operations among MSIEs remains limited. The research findings reveal that most enterprises acknowledge the potential benefits of digital platforms in expanding market access, improving efficiency, and enhancing customer engagement. However, actual implementation is hindered by a combination of factors—financial constraints, inadequate digital literacy, limited access to infrastructure, and reluctance to abandon traditional business models. Informal enterprises, in particular, face structural exclusion due to their unregistered status, which limits eligibility for government incentives and formal banking services.

Another dimension of the central issue lies in the inadequate dissemination and accessibility of government programs intended to support digital transformation. Although these schemes exist on paper, their impact is diluted by complex procedures, lack of localized outreach, and minimal handholding for first-time digital users. This results in a situation where enterprises that might benefit the most from digital inclusion are often those least equipped to take advantage of such programs.

Furthermore, the analysis demonstrates that while there is a statistically significant relationship between digital adoption and business performance, this potential remains underutilized. Enterprises that have adopted digital tools show measurable gains in revenue, operational efficiency, and customer base expansion. Yet, these gains are neither uniform nor widespread, revealing the fragmented nature of digital adoption in the sector.



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Addressing this central issue requires a multifaceted strategy that combines infrastructural investment, targeted capacity-building programs, and simplified policy frameworks tailored to the unique characteristics of micro and informal enterprises. Without such interventions, the digital divide within Jalandhar's sports goods sector is likely to widen, limiting the sector's competitiveness in both national and global markets.

This research, therefore, positions the central issue not merely as a technological gap but as a complex interplay of institutional, economic, and behavioral factors that shape the digital trajectory of MSIEs. Solving this issue is imperative not only for enterprise growth but also for inclusive economic development in India's manufacturing hubs.

VI. NATURE OF THE PROBLEM

The nature of the problem explored in this study is multifaceted, rooted in both structural and behavioral barriers that impede digital transformation among micro, small, and informal enterprises (MSIEs) in Jalandhar's sports goods sector. While digital technologies offer substantial benefits—such as enhanced operational efficiency, increased market reach, and improved customer engagement—the path to their adoption remains uneven and fragmented within this industrial cluster.

At a foundational level, the problem emerges from a disparity in digital readiness. Many MSIEs lack the basic infrastructure required to transition from manual operations to digital platforms. Unreliable internet connectivity, high initial costs of digital tools, and the absence of affordable technical support serve as persistent deterrents. These infrastructural limitations are particularly pronounced among informal and unregistered enterprises, which often operate on limited budgets without access to formal financial or technological ecosystems.

Compounding the infrastructure gap is a widespread deficiency in digital literacy. A significant proportion of business owners and operators are unfamiliar with even basic digital interfaces. Their hesitation is not solely due to lack of exposure but also stems from a fear of cyber fraud, perceived complexity of digital systems, and skepticism regarding return on investment. This results in a reliance on traditional, paper-based business practices, even in the face of evident inefficiencies.

In addition, the problem is aggravated by a disconnect between policy and practice. Although national programs like Digital India and MSME development schemes are designed to support small business digitalization, their effectiveness at the local level is limited. Many enterprise owners are unaware of such initiatives, or they find the application processes too cumbersome and bureaucratic to navigate. As a result, these potentially transformative programs fail to penetrate the communities they are intended to uplift. Another dimension of the problem is the sector-specific resistance to change, shaped by years of operating within established informal networks and supply chains. Businesses in Jalandhar's sports goods sector often function within family-run models, where generational knowledge and traditional client relationships take precedence over technological advancement. The absence of peer pressure or competitive urgency within their immediate environment reduces the incentive to adopt digital tools.

Overall, the problem is not limited to a singular deficiency, but rather exists at the intersection of economic limitations, knowledge asymmetries, cultural attitudes, and systemic policy inefficiencies. The cumulative effect is a delay in digital adoption, which compromises the sector's growth potential, operational agility, and global competitiveness. Understanding this complex nature of the problem is crucial for developing holistic solutions that are not only technologically appropriate but also contextually sensitive and accessible to all segments of the MSIE community.

VII. CONCLUSION

This study examined the extent, challenges, and implications of digital transformation and e-commerce adoption among micro, small, and informal enterprises (MSIEs) in Jalandhar's sports goods sector. In doing so, it highlighted the critical role digital tools can play in enhancing business performance, expanding market access, and improving operational efficiency-particularly for enterprises that operate in resource-constrained environments. The findings confirmed that digital adoption is positively correlated with revenue growth and customer engagement. However, the distribution of digital transformation across the sector remains uneven due to a combination of financial, infrastructural, and behavioral barriers.

The research revealed that while many businesses have initiated digital practices, such efforts are often partial and reactive rather than strategic and sustained. Informal enterprises, in particular, face severe challenges stemming from limited access to formal financial systems, weak technological infrastructure, and a lack of digital literacy. Furthermore, despite the existence of government initiatives designed to support digital inclusion, the uptake of such programs remains low due to awareness gaps and procedural complexity.

Regression analysis affirmed that the use of digital tools especially for improving efficiency and expanding the customer base—has a significant positive impact on business growth. However, these benefits are disproportionately accessed by better-resourced and betterinformed enterprises, exacerbating the digital divide within the sector. The chi-square results further indicated that business type influences the likelihood of digital adoption, calling for category-specific policy responses.



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In conclusion, while the potential for digital transformation in Jalandhar's sports goods sector is evident, its realization depends on addressing a deeply rooted set of challenges. To fully unlock the benefits of digitalization, there is a pressing need for a combination of financial incentives, training programs, simplified access to government schemes, and localized infrastructure development. Without these targeted interventions, the digital divide among MSIEs may persist, limiting the sector's ability to compete in an increasingly digitized global market. The research thus underscores not only the opportunity that digital transformation presents but also the responsibility of policymakers, industry associations, and technolo, equitable, and sustainable.

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