

Indian Constitution: A Window of Opportunities For women Empowerment

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Abstract:

This paper analyses the status of women Empowerment as per the constitution of India, highlighting the laws of constitution of India meant for women empowerment. Here, Importance of women empowerment and laws related women empowerment are also highlighted which are for the betterment of women in India. The data used in the present study is based on secondary sources. The study realizes that the need for women empowerment in India constitutionally is not enough. The study concludes that there is a need to create a secured environment for women so that she would be able to express freely. The role of women in today's world is changing significantly which is why empowerment of women is a need.

Keywords: women, empowerment. laws, government, Indian constitution

Introduction:

India is a country with a vast population. The population of India is ethnically and racially diverse. India is a union of states, is a Sovereign socialist secular democratic republic with a parliamentary system of government. The constitution was adopted on 26, Nov 1949 and came into force in 26 Jan, 1950. The constitution of free India guarantees equal status to men and women. The position of our country globally is 29th rank among 146 countries on the basis of gender index. Women empowerment means equality of women from the perspective of social, cultural, Economic, Political, and Gender- based discrimination. It means she should be able to express them just like a man freely. The constitution not only grants equal status but also empowers the state to adopt positive measures to empower women in order to protect them.

Objectives

1. To throw light on the constitutional laws for the welfare of women.
2. To brief out the laws which are meant for the welfare of women.
3. To explain the need of women empowerment.

Research Methodology

This paper is evocative and logical in nature. The data for present study is from secondary sources and some are observable data, the data is taken as per the need of study.

Review of Literature

Shettar (2015) examine to analyses the status of women empowerment in India and highlights the issues and challenges of women empowerment. The study is based on purely secondary source. The dimensions taken by researcher are as fallows economic, social, and political status of women's, the traditionally underprivileged ones, in the society. The study concludes by an observation that access to education, Employment and change in social structure.

Gull (2015) conducted a study to examine women and violence: a study of women empowerment and its challenges in Jammu and Kashmir. Women are the most vulnerable and worst hit section of the society especially under situations of violence caused by mill tray and militant conflict. The disturbing situation of Jammu and Kashmir had hit the Kashmiri women hardest and impact on its harmonious development. The result was found that women's

empowerment is affected in all spheres such as political, social, economic, domestic violence etc.

UNICEF 2019 (United Nations Children's Fund): Gender equality is essential to ensure that every child- girl and boy has a fair chance in life. Gender equality means that women and men and girls and boys enjoy the same rights, resources, opportunities and protection. It contributes to lifelong positive outcomes for children and their communities and yield considerable rights and well- being often depend on the rights and wellbeing

Importance of women empowerment

Women symbolize spirituality, strength, love, sacrifice and courage. According to the father of constitution of India, Dr B.R Ambedkar, his thought was that women must be treated equally and give equal Prestige In his last speech of parliament of India he says: No men can be grateful at the cost of his honor, no country can be grateful at the cost of his liberty, No women can be grateful at the cost of his chastity, the constitution of India grants equality to women. Below mentioned headings are provide which give clear picture for understand the importance of women empowerment:

- For Regional, National, and international development.
- For Social, Economic, Political development.

- For cultural development.
- For sustainable development
- For Educational development.
- For Health and survival.
- For Agricultural development.
- For Decision Making.
- For Future Development
- For harmonious development.

Constitution and women empowerment in India

For empowerment of women the constitution of India guaranteed equality and equity to the women as per following laws:

- ♣ Equal pay for equal work.39 (b)
- ♣ securing health and strength of workers and not to abuse the tender age of children.39(c)
- ♣ Work and maternity relief for women. Art (42)
- ♣ Renounce practices which are derogatory to the dignity of women Art 51 A (2)
- ♣ Reservation of total number of seats in panchayat. Art 243 D (3)
- ♣ Reservation of total number of seats in municipalities Art (343)
- ♣ The Immoral Traffic prevention act,1956
- ♣ The Dowry prohibition Act,1961. (Amendment in1986)
- ♣ The Indecent Representation of women Act 1986
- ♣ The Commission Sati (prevention) Act 1987 (3of 1987)
- ♣ The maternity Benefit Act 1961.
- ♣ The Medical Termination of Pregnancy Act 1971.
- ♣ The equal Remuneration Act.
- ♣ The marriage law Amendment Bill 2010.
- ♣ Equality before law for all persons (art 14).
- ♣ Prohibition of discrimination on grounds of religion, race, caste, sex, place of birth. Art 15(1).
- ♣ Special provisions for the welfare of women's and children Art 15(3).
- ♣ Equal opportunity in Employment Art (16)
- ♣ Equal right to adequate means of livelihood (39 a)

The following are Bills and Acts in 2019 for Empowering Women and Children brought on by the government

- ♣ The surrogacy (Regulation) Bill

- ♣ The Muslim Women (Protection of Rights on Marriage) Act.
- ♣ The trans Gender Persons (protection of Rights) Bill

Conclusion

The constitution of India is concerned with women rights which include equality, dignity, and freedom from discrimination. Gender equality is encompassed in the Indian constitution in its preamble, fundamental rights, fundamental duties and directive principles. It is by the constitution of India that we have great women who made their history and are remembered. Women are known to be the symbol of spirituality, strength, love. The role of women in today's world is changing significantly that is why empowerment of women is must in today's time. Empowerment of women is overall development of nation, for national and international development women empowerment. Today we have noticed that for empowerment India is doing more but as compared to world it very less. so for women empowerment the cooperation of citizens is very key element to work together with government improving empowerment of women in the country.

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