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Method Development, Method Validation, Simultaneous Estimation of Paracetamol and Ibuprofen Solid Dosage Form by RP-HPLC Method

B. Satya Prasad ^{1*}, J. N. Suresh Kumar², G. Jaswanth Venkata Sai^{3*}, G. Eswar ³, P. Nikhila³, T. Uma Devi³, U. Dheeresh³.

- 1. Associate Professor, 2. Principal and Professor, 3. Research Students
- 1, 2, 3. Narasaraopeta Institute of Pharmaceutical Sciences, Narasaraopet, Palnadu, AP.

ABSTRACT: A reverse phase high performance liquid chromatography method is mostly used for the determination or simultaneous estimation of paracetamol and ibuprofen¹. The method utilizes the C18 column with an isocratic mobile phase of phosphate buffer (pH- 6.8) and acetonitrile (65:35 v /v), at flow rate of 0.7ml/min and ambient temperature. The method developed was validated for different factors like specificity, accuracy, linearity, robustness, etc. RP-HPLC method is not reported for the simultaneous estimation of paracetamol and ibuprofen in combined doses or forms². There is a dosage form or combination containing 400mg of paracetamol and 325mg of ibuprofen available as tablet in market.

KEYWORDS: Paracetamol, ibuprofen, RP-HPLC, Validation.

1. INTRODUCTION:

Paracetamol or Acetaminophen is an non- opioid analgesic and antipyretic agent used to treat fever and mild to moderate pain. Ibuprofen is the non-steroidal anti inflammatory agent belongs to the aryl propionic acid derivatives.^{1,2}

Paracetamol and ibuprofen is mostly used as combinational solid dosage for the migrain, headache, and muscular pain, cold and fever. The molecular formula of ibuprofen is $C_{13}H_{18}O_2$ and molecular weight is 206.29g/mol, where as the molecular formula of paracetamol is $C_8H_9NO_2$ and molecular weight is 151.17g/mol. Some of the reports shows few techniques like HPLC and UV spectroscopy were reported for the estimation of ibuprofen and paracetamol individual pharmaceutical formulations. The main objective of this estimation was to develop an RP-HPLC method with the ultraviolet detection for simultaneous estimation of the ibuprofen and paracetamol in pharmaceuticals. The validation is done according to the ICH guidelines and as per United States Pharmacopoeia. 2,3



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Fig 1: Structures of ibuprofen and paracetamol

2. EXPERIMENTAL:

- **2.1 Materials Required:** paracetamol, ibuprofen, potassium dihydrogen phosphate, orthophosphoric acid or sodium hydroxide, HPLC- grade acetonitrile, HPLC-grade water (milli-Q or equivalent). Ortho phosphoric acid or sodium hydroxide is generally used for the pH adjustment and HPLC-grade acetonitrile is used as organic modifier.^{5,6}
- **2.1 HPLC System:** High performance liquid Chromatography system (Shimadzu- Prominence, Japan) equipped with an auto sampler and UV- visible detector (Model- SPD 20A) used for the analysis. The data obtained is recorded by LC- solution software. Reversed phase C18 column (150mm x 4.6mm,5 μ m,Phenomenex Inc.Japan).

2.1: Preparation of mobile phase:

Accurately weighed 1.75g of potassium

dihydrogen phosphate dissolved in 900ml of pure water. The above solution is diluted with phosphoric acid or sodium hydroxide in order to maintain the pH- 6.8 ± 0.1 and makeup the volume up to 1litre. The prepared buffer is now mixed with the acetonitrile at the ratio of 65:35 v/v. now filtration is done by using 0.22 μ m Millipore filter.

Nearly 20 tablets of Combiflam is taken which are composed of 325mg of ibuprofen and 400mg of paracetamol and weighed. Now the powder equivalent to the 25mg of paracetamol and 20mg of ibuprofen is weighed and transferred to the 25ml volumetric flask. The dilutions are made with the mobile phase to get a final concentration of the 25 μ g/ml of paracetamol and 20 μ g/ml of ibuprofen.^{8,9}

SJIF Rating: 8.586

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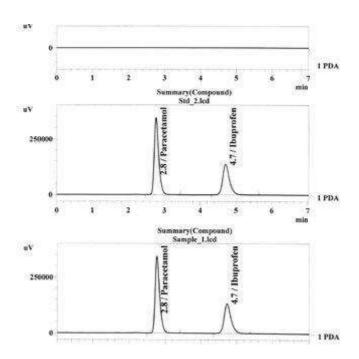


Fig 2: Chromatogram of Blank, standard, sample

2.2: Chromatographic conditions:

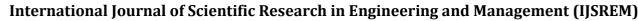
The test is performed under the ambient temperature and isocratic conditions. The flow rate of mobile phase is 0.7ml/min. the system is maintained at the 25°C. The powder which is dissolved is dissolved in mobile phase is sonicated to ensure dissolution and done filtration using $0.45~\mu m$ filter before injection. for the adequate sensitivity the injection volume is maintained i.e $20~\mu l$. Total run time of the test is mostly about 10min to facilitate the rapid analysis. Typically paracetamol elutes at 4.3 to 5 minutes where as ibuprofen elutes earlier 2.0 to 3.0 minutes. For the simultaneous estimation UV detector is used at 220nm or 230nm. 16

3. Simultaneous Estimation Equation :

For RP-HPLC simultaneous estimation, we use a system of linear equations derived from the beer lamberts law, where the absorbance of the mixture at two different wavelengths is used to determine the concentration of each component. The equations are in the form of

$$A_1 = ax_1C(x) + ay_1C(y)$$
 and $A_2 = ax_2C(x) + ay_2C(y)$. Where:

- A₁ and A₂ = absorbances of the sample mixture at two selected wavelengths (λ_1 and λ_2).
- C(x), C(y) = concentrations of the two components (Component X and Component Y).
- $ax_1 = Absorptivity of Component X at wavelength <math>\lambda_1$
- $ay_1 = Absorbitivity of component Y at wave length <math>\lambda_1$.
- $ax_2 = Absorptivity of Component X at wavelength <math>\lambda_2$.
- $ay_2 = Absorptivity of Component Y at wavelength <math>\lambda_2$.



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4. Method Validation:

Validation is done according to the United States of Pharmacopoeia and ICH guidelines with respect to the accuracy, precision, linearity, robustness, specificity, limit of detection (LOD), limit of quantification(LOQ), force degradation, etc.

4.1 Accuracy:

Accuracy of the any analytical method represents the nearness of values between the obtained value and expected value. Accuracy of the present experiment is done by assessing the spiked samples of paracetamol and ibuprofen with known concentrations (80, 100, 120%). Accuracy results of ibuprofen and paracetamol are tabulated in table 1.15

4.2 Precision:

The precision of assay was assessed with respect to repeatability and reproducability. The precision studies are done as inter-day and intra-day repeatability of responses on various HPLC machines and columns. Inter- day and intra- day resembles the %

drug release and it is expressed as %RSD. [%RSD= standard deviation/ mean x 100]. Results of precision are tabulated in the table2.^{2,5}

4.3 Linearity:

It is the factor which describes the linear responses for both paracetamol and ibuprofen. For this studies the different concentrations of paracetamol and ibuprofen across the concentration range are used. About 15 to 70 μ g/ml of ibuprofen and 20 to 80 μ g/ml of paracetamol concentration ranging levels are selected. The calibration curve was developed by plotting the response against the concentration of drugs. The precision results are tabulated in the table3. 1,2,14,16

4.4 Solution Stability:

Majorly the solution form of most of the drugs varies upon repeated administration, the peaks of the drugs may alter. Here in this experiment the stability of the drugs are demonstrated by diluting the paracetamol and ibuprofen in suitable solvent and mobile phase. And transfer solutions into suitable sized vials and maintain temperature and also keep in the refrigerator for a week. The samples are estimated by the HPLC technique of every

3 days in order to check stability. The samples are said to be stable if there is no change in peaks or retention times are observed.^{6,7}

4.5 System Suitability:

System suitability is the major aspect in order to test the instruments, reagents, columns, etc. are adequate or



SJIF Rating: 8.586

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suitable for the intended analysis. Several parameters are evaluated like retention times, tailing factor, theoritical plates. Generally the system suitability studies are done before the sample analysis. The system suitability results are tabulated in the table4. ^{7,8}

4.6 Limit of Detection and Limit of Quantification : The low Concentrations of the standard drugs are used for the determination of limit of detection and limit of quantification using the developed RP-HPLC method. LOD is the lowest amount of analyte present in the sample, where as the LOQ is the lowest concentration that can be estimated with acceptable accuracy and precision. The LOD of the paracetamol is 6ng/ml, where as ibuprofen is 10ng/ml. The LOQ of the paracetamol is about 15ng/ml where as LOQ of ibuprofen is 25ng/ml. ¹²

4.6 Robustness:

It is the indication of the reliability of the analytical method during normal usage. The following parameters in RP-HPLC like wavelength, mobile phase composition, flow rate, solvent ratio etc. if there are no alterations in the above factors then method is said to be reliable. The results of the robustness of paracetamol and ibuprofen are tabulated in table5.¹⁶

RESULTS: Table 2: Precision Results of Intraday and Interday

	Intraday (% drug re	elease)	Interday (% drug release)		
S. NO.	Ibuprofen	Paracetamol	Ibuprofen	Paracetamol	
1.	100	99	100	99	
2.	100	97	101	99	
3.	101	98	101	99	
4.	101	98	101	99	
5.	101	99	101	99	
6.	101	98	100	99	
Mear	101	98	101	99	
%RSI	0.6	0.5	0.6	0.0	

Table 3: Linearity Results of Paracetamol and Ibuprofen

	Ibup	rofen	Paracetamol		
% Conc.	Conc. (µg/ml)	Area	Conc. (µg/ml)	Area	
50%	49.2450	2065486	45.0549	1683881	
75%	73.8675	2952450	67.5824	2751828	
100%	98.4900	3842565	90.1098	3655200	
125%	123.1125	4766603	112.6373	4458302	
150%	147.1125	5688024	135.1647	5381590	





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200%	196.9800	7856440	180.2196	7067887
Corelation coefficient (r)		0.999	0.999	
Slope (m)		38998	39395	
Intercept (c)		51536	24917	
Bias at 100% leve	l	1.1	0.6	

Fig 4: Linearity Graph of Paracetamol (A) and Ibuprofen (B)

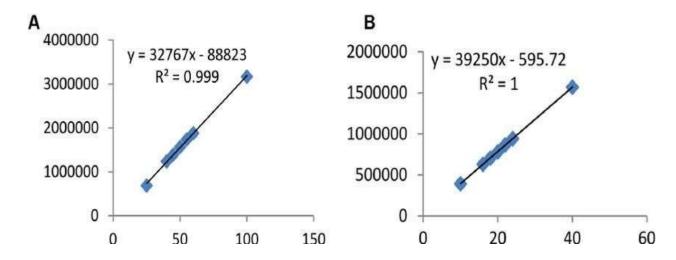


Table 4: Results of System Suitability

Conditions: 1.0ml/min,Resolution		Plate Counts		Tailing Factor		%RSD		
pH-4.0,		Ibu	para	Ibu	Para	Ibu	Para	
O.P100%,Temp-								
3	35°C	8.9	13616	4099	1.4	1.0	0.9	0.1

Ibu=Ibuprofen, **Para = Paracetamol**

Table 5: Results of Robustness

	Tailing factor		Plate of	Plate counts		
Condition	Resolution	paraIbu	Para	Ibu	Para II	ou
Flow rate in m	nl/min (± 0.2)					
0.8ml/min	8.8	1.01.5	3952	14679	0.1 0.	8
1.2ml/min	7.3	1.01.4	8095	3658	0.1 0.	3
Column Temp	erature (±5°C)				
30°C	8.7	1.0 1.4	4209	12641	0.0 1.	0
40°C	7.5	0.9 1.4	3559	13667	0.0 0.	7

SJIF Rating: 8.586

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Table 1: Paracetamol and Ibuprofen Accuracy Results

		Paracetamo	ol	Ibuprofen		
%Spike level	μg/mL Added	μg/mL Found		μg/mL Added	μg/mL Found	Mean recovery (n=3)
50	45.8541	46.1422	100.6	56.8714	56.9806	100.2
70	64.1957	65.5087	102.0	80.9323	81.2157	100.4
90	80.7032	80.5210	99.8	98.4312	99.4574	101.0
100	89.8740	89.4451	99.5	109.3680	110.0983	100.7

CONCLUSION:

Reverse phase high performance liquid chromatography was a simple, easy, robust, accurate, reliable. The simultaneous estimation of paracetamol and ibuprofen by the RP-HPLC has been demonstrated to be selective and reproducible analytical approach for pharmaceutical analysis. The reported data is confidential and data is satisfactory. All the factors of method validation are evaluated according to the united states pharmacopoeia and ICH guidelines. RP-HPLC is the preferred technique for the method validation for most of the drugs which can give the satisfactory results.

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