

# Sustainable Finance as a New Financial Model

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## ABSTRACT

The financial world is undergoing a major transformation as sustainability becomes central to investment strategies. This research examines *Sustainable Finance* as an emerging investment approach that blends financial returns with environmental, social, and governance (ESG) principles. In light of increasing global concerns like climate change, inequality, and corporate accountability, ESG-focused investing is gaining momentum as both a responsible and potentially profitable alternative to traditional models.

This study uses a comparative, simulation-based analysis, drawing from secondary data sources such as Bloomberg, MSCI, and academic research. Two hypothetical portfolios—one aligned with ESG principles and one based on conventional investment practices—are evaluated across key performance indicators, including average returns, volatility, and risk-adjusted returns (Sharpe ratio) over the period 2019 to 2023. The results suggest that ESG-integrated portfolios offer better risk-adjusted performance and greater resilience during market disruptions.

Beyond portfolio analysis, the research explores how regulatory initiatives like SEBI's BRSR, the TCFD, and SFDR shape investor behavior and confidence. It also addresses ongoing challenges in the ESG space, such as inconsistent rating standards, lack of transparency, and concerns about greenwashing. By identifying gaps in the literature—especially within emerging markets like India—the study provides a structured foundation for evaluating ESG investing as a sustainable and strategic financial model.

Ultimately, the findings reinforce that sustainable finance is not just a trend, but a forward-looking investment approach that balances profitability with long-term societal and environmental well-being. The study offers practical insights for investors, financial institutions, and policymakers aiming to incorporate ESG factors into mainstream financial decision-making.

## INTRODUCTION

### 1.1 BACKGROUND OF THE STUDY

In recent years, the global financial landscape has undergone a transformative shift as stakeholders have begun integrating sustainability into investment decisions. The traditional investment paradigm, which emphasized purely financial returns, is gradually giving way to a more holistic model—Sustainable Finance—that balances profitability with social and environmental responsibility.

The emergence of global crises such as climate change, income inequality, biodiversity loss, and corporate misconduct has intensified calls for investment strategies that promote long-term value and ethical governance. Financial institutions, regulators, and investors now recognize that sustainability factors—particularly Environmental, Social, and Governance (ESG) considerations—are not only ethical imperatives but also material to financial performance and systemic stability.

Sustainable finance thus redefines investment success. It factors in carbon footprints, gender equity, board diversity, labor practices, and transparent governance as critical metrics alongside financial indicators such as ROI and EPS. As institutional investors and millennials increasingly demand values-aligned portfolios, sustainable finance has emerged as a compelling new investment model, influencing trillions in global assets under management.

### 1.2 SITUATIONAL ANALYSIS

India, like many emerging economies, is navigating the trade-offs between economic growth and sustainability. Its financial markets are maturing, and regulators such as SEBI and RBI are actively integrating

ESG standards into reporting norms and disclosures. Sustainable finance in India is still nascent but growing, driven by investor awareness, green bond issuance, and global capital inflows into ESG-themed funds.

At a global level, financial institutions like BlackRock, Norges Bank, and Goldman Sachs are recalibrating their portfolios toward sustainable assets. Frameworks such as the UN Principles for Responsible Investment (UNPRI), Task Force on Climate-related Financial Disclosures (TCFD), and EU Taxonomy have set global benchmarks for sustainability in finance.

This dynamic backdrop creates an opportunity to analyze the financial viability, strategic benefits, and long-term potential of sustainable finance as a mainstream investment strategy.

### 1.3 LITERATURE REVIEW OVERVIEW

A growing body of literature examines the relationship between ESG performance and financial returns. Studies by Friede et al. (2015) and Khan et al. (2016) find a positive correlation between ESG integration and stock performance. Conversely, critics argue that ESG constraints may reduce diversification and short-term returns. However, most recent empirical studies support the idea that ESG-focused portfolios are more resilient during downturns and align with stakeholder capitalism.

The literature also highlights inconsistencies in ESG ratings across providers, lack of transparency in disclosures, and greenwashing concerns. Nonetheless, institutional adoption continues to rise, making it a fertile area for analysis.

### 1.4 DEFINITION OF SUSTAINABLE FINANCE

Sustainable Finance refers to financial activities and investment decisions that consider environmental protection, social development, and good governance alongside economic outcomes. It includes practices such as ESG investing, green bonds, sustainable lending, impact investing, and climate risk assessment. The goal is to achieve long-term value creation while contributing positively to society and the planet.

### 1.5 NEED FOR THE STUDY

While sustainable finance is gaining prominence, many investors and financial professionals remain skeptical about its ability to match the performance of traditional models. There is a pressing need to:

- Compare ESG-based portfolios with conventional ones
- Understand the return-risk profile of sustainable investments
- Examine how sustainability disclosures influence investor decisions

This research addresses these gaps by analyzing secondary data and dummy portfolios, offering insights into the practical potential of sustainable finance.

### 1.6 SCOPE OF THE STUDY

This study focuses on comparing sustainable investment portfolios with traditional financial investment models using secondary data and hypothetical constructs. It evaluates factors such as:

- Return on Investment (ROI)
- Volatility and risk
- ESG score integration

The research does not focus on any specific company or industry but draws insights from global ESG reports, fund analyses, and academic studies.

## LITERATURE REVIEW

### 2.1 INTRODUCTION TO LITERATURE REVIEW

Sustainable finance, as an academic and practical field, has evolved significantly over the past two decades. The central debate has shifted from whether ESG (Environmental, Social, Governance) factors matter to how they affect risk-adjusted returns, corporate behavior, and long-term investment outcomes. This chapter reviews existing literature to establish a theoretical and empirical foundation for this thesis.

### 2.2 THEORETICAL FOUNDATIONS OF SUSTAINABLE FINANCE

The roots of sustainable finance are grounded in stakeholder theory (Freeman, 1984), which argues that companies must consider the interests of all stakeholders—not just shareholders—to achieve long-term value. Another conceptual basis is the Triple Bottom Line (Elkington, 1997), emphasizing people, planet, and profit as three pillars of sustainability.

The Efficient Market Hypothesis (Fama, 1970) traditionally disregarded non-financial data such as ESG, but behavioral finance and evolving market dynamics now recognize that ESG factors can be price-relevant information.

### 2.3 ESG AND FINANCIAL PERFORMANCE

Empirical studies have investigated the relationship between ESG integration and portfolio performance. A meta-analysis by Friede, Busch, and Bassen (2015), covering over 2,000 studies, found that approximately 90% showed a non-negative relationship between ESG and corporate financial performance, with 58% indicating a positive correlation.

Khan, Serafeim, and Yoon (2016) introduced the idea of materiality-weighted ESG factors, concluding that companies focusing on industry-relevant ESG issues outperform their peers in stock returns and profitability.

A study by MSCI (2021) revealed that ESG leaders consistently had lower drawdowns and better risk-adjusted returns than their peers during market downturns, including during the COVID-19 pandemic.

### 2.4 CRITICISMS AND CHALLENGES

Despite growing evidence, sustainable finance faces multiple criticisms:

- **Greenwashing:** Companies may present themselves as sustainable without meaningful ESG actions (Delmas & Burbano, 2011).
- **Lack of Standardization:** ESG rating agencies like MSCI, Sustainalytics, and S&P often produce inconsistent ratings due to divergent methodologies (Berg, Koelbel & Rigobon, 2022)
- **Performance Trade-offs:** Some studies argue that ESG portfolios can underperform in the short term due to sectoral exclusions and limited diversification (Statman & Glushkov, 2009).

## 2.5 SUSTAINABLE INVESTING PRODUCTS AND STRATEGIES

Sustainable finance encompasses several investment products:

- Green Bonds: Fixed-income instruments for environmentally beneficial projects (Climate Bonds Initiative, 2023).
- Social Bonds: Funding for health, education, and affordable housing.
- ESG ETFs and Mutual Funds: Publicly available pooled investments screened for ESG metrics.
- Impact Investing: Investments made with the intent to generate measurable social or environmental impact alongside financial return.

These instruments have seen exponential growth, with global ESG assets projected to surpass \$50 trillion by 2025 (Bloomberg Intelligence, 2022).

## 2.6 REGULATORY FRAMEWORKS

The role of regulation is critical in advancing sustainable finance:

- The EU Sustainable Finance Disclosure Regulation (SFDR) mandates ESG disclosure by financial market participants.
- The Task Force on Climate-related Financial Disclosures (TCFD) encourages transparent reporting of climate risks.
- In India, SEBI's BRSR (Business Responsibility and Sustainability Report) is now mandatory for the top 1,000 listed companies.

These initiatives help institutionalize sustainable finance but also create reporting burdens and compliance challenges.

## 2.7 LITERATURE GAP

While literature strongly supports the growing relevance of sustainable finance, gaps remain:

- Limited research in the Indian context and emerging markets
- Scarce comparisons of long-term ESG vs. traditional portfolios using unified model
- Lack of clarity on materiality thresholds across sectors
- Few academic papers offer investment strategy frameworks tailored to ESG constraints

This study aims to fill these gaps by offering a quantitative, portfolio-level comparison using dummy data and reviewing how sustainable finance can structurally redefine investment strategy.