

International Conference on Inherited Cardiac Conditions: Comprehensive View Point of a Public Health Professional

Dr Savitha Krishnaswamy

Key words and Abbreviations: Long QT Syndrome (LQTS), Electrocardiogram (ECG), Brugada Syndrome, DiGeorge Syndrome, cardiac & bypass surgery, Left Ventricular Assist Device (LVAD), Sudden Unexplained Nocturnal Death syndrome (SUNDS)

LETTER TO THE EDITOR

To

The Editor

Subject: International Conference on Inherited Cardiac Conditions: Comprehensive View Point of a Public Health Professional

Last week, I got an incredible opportunity to participate at “The Kauvery International Conference on Inherited Cardiac Conditions 2025” held at the Welcomhotel by ITC, Chennai organized by the Kauvery Hospital.

I got to learn about the current trends seen globally in relation to different cardiac conditions, with an in-depth understanding of the Long QT Syndrome, Brugada Syndrome and rare genetic anomalies like the DiGeorge Syndrome. There were several eminent professionals from the field of Cardiology and Cardiac Surgery who shared their valuable insights on management of these conditions emphasising on screening, use of pharmacotherapy and by surgery, along with the use of LVLAD (left ventricular assist device); which I could highly appreciate as a Public Health professional as they also gave a sneak peak of the way ahead. This is so because cardiac conditions are increasing in the young which has also been a focus during the conference regarding which there needs to be an increase in awareness in the general population; along with the Sudden Unexplained Nocturnal Death syndrome (SUNDS) especially common in the South East Asia.

Notably, a tribute was paid to Dr K.M. Cherian who is widely regarded as the “Father of Indian Cardiac Surgery”. He was instrumental in shaping the present day Cardiac Surgery in India. He had performed India's first coronary artery bypass surgery in 1975. He was also an Alumni of MAHE, Manipal; like me to my delight.

I felt privileged to be a part of the conference and also contribute to it --being the “1st International Conference” that I have attended.

With regards,
Dr. K.Savitha

Author Biography: Dr. K.Savitha

I have done my Bachelor of Dental Surgery (BDS) at Manipal University, Manipal. I have completed my Master of Public Health (MPH) from KS Hegde Medical Academy, NITTE University, Mangaluru, India. I had passed in First Class with Distinction.

When I was an intern, I was able to interact with several people and also got to understand the different problems each person was undergoing. This made me feel that prevention could be a major solution to many health conditions and not just dental. That motivated me to pursue my Masters in Public Health which deals with researching a particular area and finding what is immediately required to prevent the disease from spreading further and also impacting a larger number of people (may also be at a global level) rather than just people who come for treatment to the hospitals.

I attend several Conferences, CMEs along with active participation in workshops, webinars etc in relation to Oral & Community Health so as to stay updated with the current trends; and also for enhancing my knowledge and skills besides gaining new perspectives.

Editor's Commentary – IJSREM JOURNAL || IndoSpace Publications

This letter offers valuable insights from Dr. K. Savitha regarding the recent Kauvery International Conference on Inherited Cardiac Conditions, which focused on critical issues in the field of cardiac health. We are pleased to publish this letter as part of our ongoing series of contributions from professionals in public health and cardiology.